# NewsLink

A Newsletter of Link Child Care Resource and Referral

July, August, September 2016

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**The only way to make sense out of change is to plunge into it, move with it, and join the dance. ~ Alan W. Watts**

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**WV STARS CHANGES**

Please note some major changes to WV STARS. **Carefully read pages 3, 6 and 7 to understand these changes.**

Then, call our office if you need additional assistance.

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**Main Link Office**

611 7th Ave.
Huntington, WV 25701
(800) 894-9540 or (304) 523-9540
(304) 697-4821 FAX

**Logan Office**

19 Circle Dr.
Logan, WV 25601
(304) 752-3932
(304) 752-2897 FAX

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NewsLink
WVCCU Leadership Academy

(July 10 - July 13, 2016)
(WV Child Care Center Directors/Assistant Directors)
Blessed John XXIII Pastoral Center, Charleston, WV
Participants are expected to actively participate in the entire leadership academy
(We will have some evening activities)

Presenter: Holly Elisa Bruno
*STARS and CEU's available
For more information contact: Helen Post-Brown
sunbeamccc@aol.com

CALLING ALL LEADERSHIP ACADEMY ALUMNI!!

WVCCU is offering you the opportunity to come back together with old friends and
join us for our anniversary celebration. Twenty years ago at Marshall University Holly
Bruno and Margaret Copeland led us in the first West Virginia Leadership Academy
(Human Side of Management). Thanks to the inspiration of Norma Gray, past executive
director of River Valley Child Development Services, the childcare directors of West
Virginia have benefited from this leadership training for the past 20 years. We will
have a celebration on Tuesday July 12, 2016 from 4:30 - 6:30. The celebration will
include our traditional “wine and cheese party”, a picnic dinner, welcome from WVCCU
President and “alumni” Jane Haddox, inspirational words from Holly and an opportunity
to revisit the past. On Wednesday, Holly will have a special training for academy
participants and alumni, “The Comfort of Little Things”, an Educators Guide to Second
Chances. 8:00am - 3:00pm.

For more information contact: Helen Post-Brown
sunbeamccc@aol.com
ENROLL NOW

Now Offering Two Enrollment Options

<table>
<thead>
<tr>
<th>Type of Applicant</th>
<th>Requirements</th>
<th>Benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career Pathway Participant</td>
<td>• Complete an Online or Paper Career Pathway Application</td>
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<tr>
<td></td>
<td>• Attach a Copy of Resume indicating years of experience</td>
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<td>• Attach Education Documentation</td>
<td>• View Professional Development Record Online</td>
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<td>• View/Print Training Certificate Online</td>
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<td>• Enroll in Training on the Training Calendar online</td>
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<tr>
<td></td>
<td></td>
<td>• Awarded a Career Pathway Credential</td>
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<tr>
<td>Registry Participant</td>
<td>• Complete an Online Application</td>
<td>• View Professional Development Record Online</td>
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<td>• View/Print Training Certificate Online</td>
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<td></td>
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<td>• Enroll in Training on the Training Calendar online</td>
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</tbody>
</table>

As of August 1, 2016 all Training Certificates will be awarded online through your WV STARS Registry Profile.

Go To wvstars.org Today To Enroll

West Virginia State Training and Registry System
611 7th Ave, Suite 322 Huntington, WV 25701
Phone: (304) 522-7827 Fax (304) 529-2535 Email: wvstars@rvcds.org
IMPORTANT TRAINING INFORMATION

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.

2. If you are disruptive or prevent the trainer from staying on task, you will be asked to leave and your Regulatory Specialist may be notified.

3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your Regulatory Specialist may be notified.

4. No cell phones or electronic devices may be used during the training sessions.

5. You may not bring children to any Link training session.

6. You must bring a picture ID to all trainings.

7. You are responsible for keeping your training certificates on file. All trainings we offer are registered with WV STARS.

Please SIGN UP and not just show up for training sessions. In addition, we require participants to sign up for trainings at least 48 hours in advance of the training date and time. This helps ensure the person conducting the training will be fully prepared for all who will be attending.

See the next page for more information about signing up for trainings.

Thank you, Cristie Dunbar, Link CCR&R Director

<table>
<thead>
<tr>
<th>Date of the Training</th>
<th>Title of the Training</th>
<th>Core Comp</th>
<th>Tier</th>
<th>Target Age/Area</th>
<th>Location of the Training</th>
<th>Time of Training</th>
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</thead>
<tbody>
<tr>
<td>Monday, August 15</td>
<td>Ready, Set, Play! A Simple Guide to Exploring the Areas of Curriculum</td>
<td>CGD/EC</td>
<td>B</td>
<td>ALL</td>
<td>C-K Library</td>
<td>3:00—5:00pm</td>
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<td>1200 Oak St., Kenova</td>
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<td>Wednesday, August 24</td>
<td>Homeless in the Mountain State</td>
<td>FCR</td>
<td>B</td>
<td>ALL</td>
<td>Link CCR&amp;R</td>
<td>10:00am—12:00pm</td>
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<td>611 7th Avenue, Hunt.</td>
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<tr>
<td>Thursday, September 8</td>
<td>Making A Difference: Reporting Child Abuse and Neglect</td>
<td>HSN</td>
<td>B</td>
<td>ALL</td>
<td>Link CCR&amp;R</td>
<td>6:00—8:00pm</td>
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<td>611 7th Avenue, Hunt.</td>
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<tr>
<td>Thursday, September 22</td>
<td>Ready, Set, Play! A Simple Guide to Exploring the Areas of Curriculum</td>
<td>CGD/EC</td>
<td>B</td>
<td>ALL</td>
<td>Link CCR&amp;R</td>
<td>6:00—8:00pm</td>
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<td>611 7th Avenue, Hunt.</td>
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<td>Date of the Training</td>
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<tr>
<td>Thursday, July 7</td>
<td>Making A Difference: Reporting Child Abuse and Neglect</td>
<td>HSN</td>
<td>B</td>
<td>ALL</td>
<td>Teays Valley CDC</td>
<td>10:00am—12:00pm</td>
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<td>6442 Teays Valley Rd, Scott Depot</td>
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</tr>
<tr>
<td>Monday, July 18</td>
<td>Ready, Set, Play! A Simple Guide to Exploring the Areas of Curriculum</td>
<td>CGD/EC</td>
<td>B</td>
<td>ALL</td>
<td>Mason County Library</td>
<td>12:00—2:00pm</td>
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<td>508 Viand St., Pt. Pleasant</td>
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<tr>
<td>Tuesday, September 6</td>
<td>Primary Caregiving: How Does It Work?</td>
<td>CGD</td>
<td>I</td>
<td>I/T</td>
<td>Teays Valley CDC</td>
<td>6:00—8:00pm</td>
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<td></td>
<td>6442 Teays Valley Rd, Scott Depot</td>
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<tr>
<td>Lincoln, Logan, Mingo and Boone Counties</td>
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<tr>
<td>Tuesday, July 5</td>
<td>Taking Care of Yourself</td>
<td>PL</td>
<td>B</td>
<td>ALL</td>
<td>Hamlin Library</td>
<td>6:30—8:30pm</td>
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<td></td>
<td>7999 Lynn Ave., Hamlin</td>
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</table>

**PLEASE READ:**

**IMPORTANT MESSAGE**

This will be the last quarter you will contact Link CCR&R to register for training sessions. When you call, we will ask for your WV STARS registry number and guide you through the process to sign up through WV STARS (www.wvstars.org). If you do not have a registry number, we will guide you through how to sign up for the Registry or Career Pathway (*see page 3*). Effective August 1, 2016 we will no longer issue training certificates to show that you attended training. You will have to register for training sessions online, then after the completion of the training, complete the evaluation online and access your training certificate.

We are willing to assist in this change. You can contact us at 304-523-9540 or 1-800-894-9540 and ask to speak to a Training Team member or Link CCR&R Director.

See Page 8 for Descriptions of Training Sessions and name of Presenter!
The next stage of collaboration is coming. A new collaborative project, tentatively titled Engage, is under development with collaborative funding from Home Visitation, DHHR Division of Early Care and Education, OMCFH, and the Office of Head Start. Engage will utilize the Blackboard Platform and Blackboard technology to bring online professional development to each early childhood professional across the state of West Virginia. The goal for the project is for all early childhood professionals, regardless of setting or sector, to have access to comprehensive, high quality, and collaborative professional development opportunities.

Sponsored by West Virginia Early Childhood Training Connections and Resources, Engage will allow early childhood professionals to complete professional development in a variety of online formats from many content experts. No longer will professionals be limited to training offered by location and by individual agencies, but the options will be open to access professional development at any time from their personal or work computer on various topics.

Look for more information about this exciting project in upcoming months. For additional information contact Natalie Snider, Distance Learning Statewide Coordinator, at nsnider@rvcds.org.

### Descriptions of Training Sessions:

<table>
<thead>
<tr>
<th>Training Session</th>
<th>Description</th>
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<tbody>
<tr>
<td>Making A Difference: Reporting Child Abuse and Neglect</td>
<td>This comprehensive training is for all mandated reporters of suspected child abuse and neglect and will focus on the following: Identifying the signs of abuse and neglect; discussing who must report, as well as how a report is made; and identifying research-based protective factors that can help prevent child maltreatment.</td>
</tr>
<tr>
<td>TRAINER: SHANNON TAYLOR</td>
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<tr>
<td>Ready, Set, Play! A Simple Guide to Exploring the Areas of Curriculum</td>
<td>This session will provide participants an opportunity to learn the importance of each area of curriculum and how to effectively create centers.</td>
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<tr>
<td>TRAINER: MELISA DENNISON</td>
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<tr>
<td>Homeless in the Mountain State</td>
<td>In this training, participants will be given an overview of the effects of homelessness on developing children, while looking at state statistics and efforts to address this significant issue. We will discuss the importance of supporting the well-being of these young children and their families, and the huge role early care and education can play in this process.</td>
</tr>
<tr>
<td>TRAINER: SHANNON TAYLOR</td>
<td></td>
</tr>
<tr>
<td>Primary Caregiving: How Does It Work?</td>
<td>Caregivers will explore and understand the basics of Primary Caregiving and its importance to infant and toddler development. They will glean ideas of how to implement the practice into their programs and how it has an impact on their relationships with the child’s family.</td>
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<tr>
<td>TRAINER: PAULA STEWART</td>
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<tr>
<td>Taking Care of Yourself</td>
<td>Many people think that to be a good provider you only have to be able to care for the needs of children in your program. While that is true, if you aren’t also taking care of yourself, how can you take care of others? Participants will develop a better understanding of how they can be a better provider by taking care of themselves first.</td>
</tr>
<tr>
<td>TRAINER: AMY WILLIS</td>
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Summer is a time when insects are active and the chance for bee stings increase. For most children bee stings mean mild pain and discomfort for a few hours, but for some it could be a matter of life or death.

Simple precautions can be taken to decrease the chances of a child being stung.
- Sweet scented products such as perfumes or lotion may attract bees and should be avoided.
- Bees may be attracted to heat given off by dark clothing, so light colored clothing is best.
- Inspect the outdoor play area regularly for bees’ nests.
- Do not allow children to walk around outdoors with bare feet.

When a bee stings, a stinger may be left in the skin. This should be removed quickly by scraping it with a fingernail or the edge of a credit card. Avoid squeezing the stinger as this could inject more venom into the skin. Wasps do not leave their stingers behind. Wash the affected area and apply a cold compress to decrease pain and swelling.

Symptoms that accompany most bee stings include redness, swelling, pain and itching at the site of the sting. For some children who are allergic to bees, the result may be a life-threatening anaphylaxis reaction. In this reaction children may suffer hives all over the body, difficulty breathing, throat tightness, wheezing, dizziness, stomach cramps or vomiting. Anaphylaxis is a medical emergency and 911 should be called right away. If the child has an Epi-Pen ordered, it should be administered according to the Individualized Health Care Plan.

Make sure Epi-Pens ordered for children are kept readily available and check frequently for expiration dates. Any expired Epi-Pen should be returned to the parent so that a replacement can be made.
The Cabell Wayne Family Child Care Association would like to invite all providers from Cabell and Wayne counties to join us. All of our meetings are registered with WV STARS and you will receive ONE or TWO hours of WV STARS credit. We also offer other trainings which are WV STARS registered too. If you have any questions feel free to call Kathy Baker, President, at 304-529-6246 or send a text to 304-638-7578 or an email to mrskathys@comcast.net. We would also like to add you to the email list so you can start receiving information about the association and other helpful information.

We hope to see some new providers at the meetings.

Next meeting:
**August 13th@10:00am @ Link CCR&R office**
Training: Lily’s Place—Recognizing and Caring for Babies with NAS—2hr WV STARS credit
**October Fire Parade— call for more details**
**December 10th@10:00am @ Link CCR&R office**

Are you interested in making $4.00 more per child per day?
If so, contact Kathy Baker 304-638-7578 or mrskathys@comcast.net for more details.
“So You Have to Make a Portfolio”  
(Limited to WVIT participants & their Directors)

Monday, August 1  4:00—6:00pm  
Thursday, August 19  4:00—6:00pm

Link CCR&R, 611 7th Avenue, Huntington

For more information contact  
Paula Stewart  
Infant Toddler Specialist  
304-523-9540 ext. 228  
Paula.L.Stewart@wv.gov

WVIT II SCHEDULE  
Living Waters  
212 E 2nd Ave, Williamson

Administrator’s Module  August 1  9:00am-4:00pm  
Session 1  August 4  4:30-8:00pm  
Session 2  August 11  4:30-8:00pm  
Session 3  August 18  4:30-8:00pm  
Session 4  August 25  4:30-8:00pm  
Session 5  September 1  4:30-8:00pm  
Session 6  September 8  4:30-8:00pm  
NO CLASS  September 15  
Session 7  September 22  4:30-8:00pm  
Session 8  September 29  4:30-8:00pm  
Session 9  October 6  4:30-8:00pm  
Session 10  October 13  4:30-8:00pm

*Schedule subject to change, participants will be informed in advance

For more information contact  
Paula Stewart  
Infant Toddler Specialist  
304-523-9540 ext. 228  
Paula.L.Stewart@wv.gov
First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only. Link is not responsible for the following trainings or registration for these trainings.

Boone County:
- Kanawha Co. Red Cross—Call 340-3650 or www.redcross.org

Cabell County:
- Triad Tech—Call 529-7020
- St. Mary’s Medical Center—Contact Vicki Delaney at 526-1081
- American Red Cross—Call 526-2900.
- Huntington YMCA—Contact Bill Tucker at 525-8127.
- Cabell County EMS—Contact Lisa Cooper at 526-9797
- Salt Rock Fire Dept.—Call 733–9040
- Goodwill Industries of KYOWVA Area, Inc.—Contact Andrea Lupson 304-523-7461 ext.417

Lincoln County:
- Contact Dorothy or William Frazier—Call 778-9040

Logan County:
- LEASA County Public Rescue—Call 752-0917
- Logan Regional Medical Center—Contact Cindy Fleming—Education Dept. 831-1556

Mason County:
- Pleasant Valley Hospital—Call 675-4340
- Mason County Health Department—Call 675-3050

Mingo County:
- Williamson Memorial Hospital—Contact Billy Whitt at 235-2500, Ext. 6321

Putnam County:
- Active Sports Complex (aka Ayash Center) - Contact Scott Nasby at 741-4079

Wayne County:
- Contact Kathy Parsons—Call 486-5991

You work hard — myRA makes saving easy

Start saving with myRA, a new retirement savings account from the United States Department of the Treasury.
- No cost or fees
- No complicated investment options
- No risk of losing money

For more information or to sign up, go to myRA.gov or call 855-406-6972

What do you need to sign up?
- Social Security number
- Driver’s license, state ID, U.S. passport, or military ID
- Name and birth date of your beneficiary (the person you choose to inherit your account)
## Administrator’s Overview
Tuesday, July 5
1:00—2:30PM

### Module 1 – Beginning a Learning Journey
Tuesday, July 12
6:30—9:00PM

### Module 2 – Essential Connections
Tuesday, July 19
6:30—9:00PM

### Module 3 – Focus, Self-Regulation, and Learning
Tuesday, July 26
6:30—9:00PM

### Module 4 – Social, Emotional, and Intellectual Learning
Tuesday, August 2
6:30—9:00PM

### Module 5 – Understanding and Responding to Children’s Individual Differences
Tuesday, August 9
6:30—9:00PM

### Module 6 – Building Confidence and Competence
Tuesday, August 16
6:30—9:00PM

### Module 7 – How We Learn to Understand Others’ Thoughts and Feelings
Tuesday, August 23
6:30—9:00PM

### Module 8 – Beyond ABCs – Communicating, Creating, and Making Sense of the World
Tuesday, August 30
6:30—9:00PM

### Module 9 – Connections Count – Encouraging Curiosity, Scientific Problem-Solving and Math
Tuesday, September 6
6:30—9:00PM

### Module 10 – Stress and Learning
Tuesday, September 13
6:30—9:00PM

### Module 11 – Memory and Engaged Learning
Tuesday, September 20
6:30—9:00PM

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The **Mind in the Making** modules are an eleven part learning series that uses research to reveal how children develop and learn and how teachers can intentionally promote engaged learning. The modules focus on teachers becoming more knowledgeable, reflective, actively engaged with research, and intentional in their work with children and families.

- Receive $150 in resources
- Receive 45 hours WV STARS training

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**Mind in the Making series will be held at**

**Link Child Care Resource & Referral**

**611 7th Avenue, Suite 100**

**Huntington, WV**

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WVSTARS credit can only be received by those who complete the entire series and also participate in follow-up technical assistance.

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For more information or to register:
Contact Amy Willis at 304-523-9540 or 1-800-894-9540 ext. 229
Or by email at Amy.D.Willis@wv.gov
FOOD REIMBURSEMENT

For information about enrolling in the Family Child Care Food Program to help with the costs of meals and snacks you serve the children in your care, please contact the following agency in your area:

<table>
<thead>
<tr>
<th>Central Child Care</th>
<th>Pride of Logan County</th>
<th>River Valley Family Child Care Food Program</th>
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<tbody>
<tr>
<td>Serving Boone County</td>
<td>Serving Logan County</td>
<td>Serving Cabell, Lincoln, Mason, Mingo, Putnam and Wayne Counties</td>
</tr>
<tr>
<td>(304) 382-0797</td>
<td>(304) 752-6868 or (304) 752-1047</td>
<td>(304) 523-3031 or 1-800-581-3031</td>
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</tbody>
</table>

In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint alleging discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call, toll free, (866) 632-9992 (Voice). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

T.E.A.C.H. WV has funding available for eligible early childhood educators/directors who would like to earn their degrees.

T.E.A.C.H. will provide:
- Partial Tuition
- Partial Book Reimbursement
- Travel Stipend
- A Bonus Upon Completion of Contract

Contact T.E.A.C.H. for More Information!!!
611 7th Ave, Suite 322
Huntington, WV  25701
(304) 529-7603

Find us on Facebook at: https://www.facebook.com/#!/TEACHEarlyChildhoodWV
Check out our Blog at: http://teachwv.blogspot.com
Visit our website at: www.wvearlychildhood.org