

NewsLink Summer 2010

July, August and September 2010

WV STARS would like to recognize Shelia Hale of Culloden, West Virginia for receiving the West Virginia Training Certificate in Early Care and Education. The certificate was presented to Shelia on June 3, 2010 at the office of River Valley Child Development Services in Huntington by WV STARS State Coordinator Natalie Snider. Present to witness the award of the West Virginia Training Certificate in Early Care and Education (WVTECE) were the Link Early Childhood Professional Development Team, Nikki Rabel, Kerry Carnegie, Shannon Taylor, Kathy Meadows, Jennifer Conkle and Virena Elkins. Shelia is currently the Lead Teacher in a Preschool classroom at My Family Daycare and Preschool in Hurricane, WV.



Natalie Snider from WVETCR presents Shelia Hale with the West Virginia Training Certificate in Early Care and Education. Shelia is the second person in the state to receive this certification.

Shelia was awarded the certificate only moments after completing a training titled *Under Surveillance: Observing Children*, a training that had originally been cancelled when not enough participants were registered to attend. When word spread that completion of this session provided Shelia with the remaining two training hours that she needed to meet the requirements of the WVTECE, Early Childhood Specialist Kerry Carnegie offered to provide the training to Shelia one-on-one. Without completing this session, Shelia would have had to wait until later in the summer to achieve enough hours in child Observation and Assessment to receive the certificate. Shelia began working towards obtaining the West Virginia Training Certificate in Early Care and Education in October 2007 after first learning of the certificate from previous River Valley

Child Development Services employee Lisa Ertl. Since that time, she has completed over 180 hours of professional development.

Shelia states that working towards the certificate has been a challenge for her but she believes that the time she has invested is well worth it. "It is better for the staff, better for the center, better for the children, and better for the community," she indicates. Shelia shares that the

biggest challenge to achieve the certificate was to complete hours in Child Observation and Assessment, an area of training that she believes is difficult to find.

Participating in the Apprenticeship for Child Development Specialist Journey person training has been the most valuable for Shelia Hale. Since completing the ACDS program in May of 2000, Shelia has only missed three Journey person trainings that have been offered. Her favorite training topics focus on curriculum ideas that provide her with hands-on activities to do with the children. Shelia has plans to continue her education and experience in the field of Early Care and Education. She plans on obtaining her Associates Degree in Child Development in the future and would like to become a Family Child Care Provider and operate her own facility. Her advice for other professionals in the early care and education field who are working on obtaining the West Virginia Training Certificate in Early Care and Education is, "Keep going." She also adds "If you are not working towards it-start." Congratulations Shelia. Your dedication to the continuation of your education and the children and families you serve is inspiring.

Submitted by Natalie Snider

Link Child Care Resource & Referral

A Program of River Valley Child Development Services
Funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

We are proud to announce

Jerri Riggelman
has been hired as the new Provider Services Supervisor. She has been a Provider Services Case Manger at Link for over a year.
Congratulations, Jerri!

Important Information: Two New Changes to the WV Code Which Will Affect Child Care

The Revised WV Code §49-2B-3 Sec. (I) reads:

(i) Any child care service that is licensed or receives a certificate of registration shall have a written plan for evacuation in the event of fire, natural disaster or other threatening situation that may pose a health or safety hazard to the children in the child care service.

(1) The plan shall include, but not be limited to: (A) A designated relocation site and evacuation; (B) Procedures for notifying parents of the relocation and ensuring family reunification; (C) Procedures to address the needs of individual children including children with special needs; (D) Instructions relating to the training of staff or the reassignment of staff duties, as appropriate; (E) Coordination with local emergency management officials; and (F) A program to ensure that appropriate staff are familiar with the components of the plan.

(2) A child care service shall update the evacuation plan by December 31, of each year. If a child care service fails to update the plan, no action shall be taken against the child care service's license or registration until notice is provided and the child care service is given thirty days after the receipt of notice to provide an updated plan.

(3) A child care service shall retain an updated copy of the plan for evacuation and shall provide notice of the plan and notification that a copy of the plan will be provided upon request to any parent, custodian or guardian of each child at the time of the child's enrollment in the child care service and when the plan is updated.

(4) All child care centers and family child care facilities shall provide the plan and each updated copy of the plan to the Director of the Office of Emergency Services in the county where the center or facility is located.

The revised WV Code §49-2B-8(c) reads:

(c) Before issuing a license, or approval, the secretary shall investigate the facility, program and persons responsible for the care of children. The investigation shall include, but not be limited to, review of resource need, reputation, character and purposes of applicants, a check of personnel criminal records, if any, and personnel medical records, the financial records of applicants, review of the facilities emergency evacuation plan and consideration of the proposed plan for child care from intake to discharge.

West Virginia



Infant/Toddler Professional Development Program

Great Beginnings Infant/Toddler Conference September 17 - 18, 2010

Summersville Convention & Visitors Center, Summersville, WV

Model Room featuring Gross Motor Activities & Equipment
Professional Development Opportunities For Administrators and Caregivers of Infants/Toddlers Topics addressing nutrition, health and active play.

Contact your Infant/Toddler Specialist to register.

Behavior Consultant Corner, by Shannon Taylor

Ah, summer!! It's time once again for ice cream trucks, running through sprinklers, eating watermelon, wading in creeks, catching fireflies, sipping lemonade, and splashing in puddles after the rain! Your mission this summer, should you

choose to accept it, is to get those kids outside!! Not only is fresh air just good for the soul, but playing outdoors has many other benefits for children that can drastically reduce challenging behaviors. Outdoor play promotes investigation, creativity, reasoning, problem solving, science skills and math skills, all of which can help children improve social interactions with their peers. Physically, outdoor play helps build muscles, develop coordination and strengthen the immune system, not to mention the burning

of excess energy and the way it can help children relax after a long day of play. In order to help children truly enjoy their outdoor

experiences, don't forget the sunscreen (reapply every 2 hours while outside*) and be sure to keep them well hydrated with frequent breaks for water!

**See article to the right for more information on the proper use of sunscreen.*

Not only is fresh air just good for the soul, but playing outdoors has many other benefits for children that can drastically reduce challenging behaviors.

Here are a few activities to try when encouraging children to play outdoors:

1. Take wooden blocks outside and help children build a fort for wayward frogs or lizards.
2. Plant a garden and teach the children how to properly care for it.
3. Go on a scavenger hunt... be sure to give the children magnifying glasses and binoculars to make the excursion extra memorable!
4. Find stumps and stones on which the children can practice their balance.



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at (304) 523-9540 Ext. 432 or 1-800-894-9540.

5. Take a walk in the woods and make a list of how many different colors you find.

6. Move story-time (art, music, breakfast, nap time, etc.) outside under your favorite shade tree.

Regardless of activity, the important thing is to simply get out of the house or classroom and get into nature! Have fun and stay cool, amigos!

Best Regards,
Shannon

Directors Council News

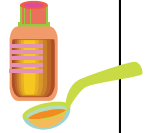
The next Director's Council Meeting and training will be held in August. We will be continuing our **Employment and Labor Law Series**. More information will be e-mailed soon.

If you would like to be added to the ongoing e-mail list of Directors to receive new information, or to register for a training session, please contact Nikki Rabel at (304) 523-9540 or 1-800-894-9540, Ext. 106 or nikki.c.rabel@wv.gov.

The Next **Directors Toolbox Module** will be held in the fall. This five session module for Child Care Center Administrators will now be offered twice per year by Link.



Medication Administration Training



The following classes will be held in the 1st Floor Conference Room at Link:
Wed., July 21st -2:00-6:30
Sat., Aug 21st -10:00-2:30
Tues., Sept 21st - 1:00-5:30

You must be on the **STARS Pathway** in order to take the class.

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304)529-7603 or 1-888-983-2827 Ext. 402 to **request a training at your center.**



FUN IN THE SUN

Babies under 6 months:

The two main recommendations from the AAP to prevent sunburn are to avoid sun exposure, and dress infants in lightweight long pants, long-sleeved shirts, and brimmed hats that shade the neck to prevent sunburn. When adequate clothing and shade are not available, parents can apply a minimal amount of sunscreen with at least 15 SPF (sun protection factor) to small areas, such as the infant's face and the back of the hands. If an infant gets sunburn, apply cold compresses to the affected area.

For All Other Children:

- *The first, and best, line of defense against the sun is covering up. Wear a hat with a three-inch brim or a bill facing forward, sunglasses (look for sunglasses that block 99-100% of ultraviolet rays), and cotton clothing with a tight weave.
- *Stay in the shade whenever possible, and limit sun exposure during the peak intensity hours - between 10 a.m. and 4 p.m.
- *On both sunny and cloudy days use a sunscreen with an SPF of 15 or greater that protects against UVB and UVA rays.
- *Be sure to apply enough sunscreen - about one ounce per sitting for a young adult.
- *Reapply sunscreen every two hours, or after swimming or sweating.
- *Use extra caution near water and sand (and even snow!) as they reflect UV rays and may result in sunburn more quickly.

Source:

<http://www.aap.org/advocacy/archives/tanning.htm>

Infant/Toddler Corner by Paula Stewart Hellos & Goodbyes

Drop off and pick up time can be most stressful for infants/toddlers and their parents. You, the infant caregiver, can be a big help in easing this transition time. Consider what *ITER'S - R* has to say about the issue. "Parents should enter the area used for their child's care at greeting and departure times." Some sound reasoning supports this practice. As "primary monitors" of their children's experience in childcare settings parents need to experience the environment on a regular basis to enable them to determine



Paula Stewart is the Infant Toddler Specialist at LINK. You can reach her at (304) 523-9540 Ext. 228 or 1-800-894-9540 or paula.l.stewart@wv.gov.

if the program is meeting their child's needs. Parents who enter their child's environment can see their friends, space, materials and displays. It also gives them an opportunity to see what a great job you are doing with their children. Drop off and pick up time can serve as a time to convey information and suggestions. When parents enter the classroom or FCC Home shared experiences between the child and the parent are increased and the child gets the message that is an "OK place to be?". Safety is another issue that is addressed; when parents turn their children over directly to the child's teacher the possibilities of the child becoming "lost" are greatly reduced.

Here are a few tips to help you, the parents and infants/toddlers survive the transition into drop off and pick up time.

Sometimes transition times are quite stressful for both the child and the parent. Toddlers especially may find the transitions of arriving and leaving very stressful and may cry. Help the parent and child develop hello and goodbye rituals that will help ease this transition.

Be proactive and suggest that the parent and child have "rehearsal visits" to your room or home to help prepare to begin child care. First try a visit where the parent is in the room with the child and does all the routines (feeding, diapering, and playing with the child). Next, the parent and child come together

again but the caregiver performs the routines. The third step is to leave the child for short periods of time. Gradually increase the amount of time the parent is gone. Show respect for the child's grief and don't be too quick to distract the child or give him/her the inaccurate message that it is not okay to be angry or sad. Reassure the child that Mommy/Daddy misses them to and that you are there to take good care of them. Let the child know it is hard for them to say good bye in the morning. This is a great opportunity to help other children in the classroom identify emotions. You may say something to the effect: Ashley is crying because she is sad that her Mommy left. I am trying to make her feel better"

Having a transitional object such as a "lovey" or picture of Mommy and Daddy can help the toddler keep the connection with their parents during the day.

Help parents understand that if a child cries when she is picked up she may be experiencing "Miss America Syndrome".....or at least something similar to what beauty contestants experience. Think of all the activities and competitions "Miss America" experiences all the while smiling and holding it all together. The moment arrives when the crown is placed on her head she breaks down and cries. Now she is safe and the prize is hers. Similarly, an infant in child care has been fine all day with the group, now with Mommy and/or Daddy feels safe enough to let down and cry or be cranky.

Remember, this will not last forever and most infants and toddlers adjust after awhile and begin to move enthusiastically looking forward to all that is in store for them that day.

Early Care & Education Modules by Kerry Carnegie

Providing care for young children is more than just watching children, it's a profession. Participating in the Components of Quality Care & Education (CQCE) modules puts you on the right track toward becoming the type of child care provider that you would want caring for your own children. The CQCE modules can offer learning opportunities from room arrangement to conflict resolution strategies, from building partnerships with families to including children with special needs. Participating in the CQCE modules is the perfect opportunity for providers to become better child care professionals. The Components of Quality Care & Education Module Trainings are being offered by Link CCR&R. This training is an eight week course for child care providers working with children ages 2 ½ to 5 years of age. Each module is a 4 hour training in which participants gain knowledge in several core competencies. The modules are designed to provide resources to providers and to enhance their knowledge and skills in child development. Upon completing the eight week course, providers will receive thirty two (32) hours of professional development and resources to be used in their early childhood programs. Requirements for these training modules include a pre and post on site visit by the training specialist and every participant **must be registered with the West Virginia State Training and Registry System (S.T.A.R.S.)**. This quarter the sessions will be held at Forrest Burdette in Hurricane. Registration deadline is Thursday, August 5.

Participants must attend every session and no walk in or stand by participants will be accepted and their will be no waiting list for individual sessions.

Training Modules	Date	Time
Extreme Makeover: Space & Furnishings	Thurs. Aug. 12	4-8
Not Just Routine	Aug. 19	4-8
For the Love of Literacy	Aug. 26	4-8
Implementing Your Curriculum	Sept. 2	4-8
Recipe for Relationships	Sept. 9	4-8
Building Block: A Program's Structure	Sept.16	4-8
Including all Children: Providing for Children with Special Needs	Sept. 23	4-8
Communication is the Key	Sept.30	4-8

Providers interested in these sessions can call Kerry Carnegie at 523-9450, Ext. 229 or 1-800-894-9540 or email at Kerry.L.Carnegie@wv.gov.

Schedule for Summer WVIT Class

Administrators' Module June 24, 10-4 at Link.

Session 1: Thur., July 1, 10:00 – 3:30

Session 2: Wed., July 7, 10:00 – 2:30

Session 3: Wed., July 14, 10:00- 3:30

Session 4: Wed., July 21, 10:00 -2:30

TACIT 1

Session 5: Wed., Aug. 4, 10:00- 2:30

Session 6: Wed., Aug.11, 10:00 – 3:30

Session 7: Wed., Aug. 18 10:00 – 2:30

Session 8: Wed., Aug.25 10:00 – 4:00

Session 9: Wed., Sept. 1, 10:00 – 3:30

Session 10: Wed., Sept.8 10:00 – 1:00

TACIT 2

Contact Paula Stewart at Link to sign up for either class.

School Age Corner! by Kerry Carnegie

Schoolagers are Coolagers!

We have started a Huntington Area Afterschool Association! The HAAA is a great place for afterschool teachers to network and learn from each other. Anybody who cares for schoolagers is invited! The meeting is also registered for 2 hours of STARS credit! The next meeting will be held at Teays Valley Child Development Center (4345 Teays Valley Road, Scott Depot) on **Saturday July 17 from 10-12:00!**

For more information or to sign up call Kerry Carnegie at 523-9540 ext. 229 or 1-800-894-9540 or email at Kerry.L.Carnegie@wv.gov.

Training Calendar & Training Information

IMPORTANT TRAINING INFORMATION

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive or prevent the Trainer from staying on task, you will be asked to leave and your Regulatory Specialist will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your monitor will be notified.
4. No cell phones or electronic devices may be used during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all trainings.
7. You are responsible for keeping your training certificates on file. All trainings are registered with WV STARS.

Family Child Care Providers must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

You must register for training sessions at least 24 hours in advance.

TO REGISTER for a training or to cancel your registration, please call Link at 523-9540 or 1-800-894-9540 or e-mail Kerry.L.Carnegie@wv.gov. When e-mailing or leaving a message, please clearly state the date and location of the session(s) you wish to attend and leave a contact phone number. Thank You.

Codes for Training Chart

*Core Competency

CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism



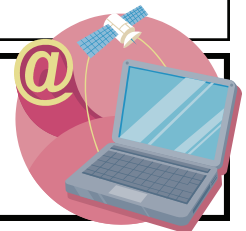
*Tier


Tier I	Beginner level	Tier II	Intermediate
		Tier III	Advanced

*Targeted Age/Area

IT	Infant/Toddler
PRE	Pre-School
SAC	School Age Care
CB	Center Based
FCC	Family Child Care Providers
ADM	Administration
ALL	Targets All Areas

For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at <http://ww.wvearlychildhood.org>



Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/Area *	Location of the Training	Time of Training
Cabell and Wayne Counties						
Returning in Fall, 2010	Director's Toolbox Modules returning Fall, 2010. See bottom of page 2 for details.	All	III	ADM	Link Office—2nd Floor 611 7th Ave. Huntington	To Be Announced
Beginning July 1, 2010	West Virginia Infant Toddler Modules (WVIT) See page 3 for more information.	All	I	IT	Link Office—2nd Floor	Varies— See Page 3
Tues. July 6	Eww! Gross Motor Play	HSN	I	All	Eastwood Baptist 5730 East Pea Ridge Rd.	6:00-8:00
Thurs. July 22	The Business of Family Child Care	PM	II	FCC	Barboursville Library 728 Main St., Barboursville	10:00—12:00
Tues. July 27	Knock Out Bullying 	PIR/C	I	PRE/ SAC	C-K Library 1200 Oak St. Kenova	10:00—12:00
Tues., Aug. 2	The Good, the Bad and the Artsy! (4 hour training)	C	II	All	Link Office—2nd Floor	3:00—7:00

Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/ Area *	Location of the Training	Time of Training
Tues. Aug. 17	Environments that Educate	C	II	All	C-K Library	3:00—5:00
Tues. Aug. 17	Knock Out Bullying	PIR/C	I	PRE/SAC	Link Office	5:00—7:00
Thurs., Sept. 16	Healthy Habits for Life	HSN	I	All	Kid's Cottage (304)272-3838 RR3 # 2011B, Wayne	5:00—7:00
Mon., Sept. 13	I Spy with My Little Eye 	COA	II	All	Eastwood Baptist Child Care 5730 E. Pea Ridge, Barboursville	6:00—8:00
Mon. Sept. 27	The Business of Family Child Care	PM	II	FCC	Link Office	5:00—7:00
Logan, Mingo and Boone Counties						
Thurs. July 8	Young at Art!	C	II	IT	Logan Library 1 Wildcat Way, Logan	2:00—4:00
Thurs. Aug. 19	Five, Six Pick Up Sticks: Extending Learning Environments to the Outdoors 	C	I	All	Boone Co. Health Dept. 213 Kenmore Dr., Danville	1:00—3:00
Tues. Aug. 24	Oh, What Shall We do Today? Creating a Schedule that Works. 	C	I	All	Logan Library	11:00—1:00
Thurs. Sept. 16	Say what you Mean and Mean what You Say! 	CGD/HSN/ PIR/COA	I	All	Logan Library	3:00— 5:00
Mon., Sept. 20	Celebrating Language and Literacy 	C/ CGD	II	IT	Living Waters 212 E. 2nd Ave., Williamson	6:00—8:00
Lincoln County						
Tues., July 20	Creativity for All: Supporting Music, Art, Literacy and Dramatic Play on a Budget	C	I	All	Hamlin Library 7999 Lynn St., Hamlin	2:00—4:00
Tues., Sept. 14	Knock Out Bullying	PIR/C	I	PRE/SAC	Hamlin Library	10:00—12:00
Mason County						
Tues., Aug. 17	Celebrating Language and Literacy 	C/CGD	II	IT	Mason County Library 508 Viand St., Pt. Pleasant	3:00—5:00
Putnam County						
Thurs. July 15	Helping Children Cope with Stress	PIR	II	PRE	Putnam County Library 4219 Rt. 34, Hurricane	11:00—1:00
Beginning Aug	Components for Quality Care and Education Modules. See Page 3 for more information.	All	II	PRE	Forrest Burdette 2848 Putnam Ave., Hurricane	4:00—8:00

Family Child Care Food Program

CUT THE FAT

Reduce fat in foods that call for mayonnaise by substituting non-fat yogurt for half of the mayonnaise. Did you know, as a provider, you could be reimbursed up to \$100 per child per month if you enroll in our program. Let us help you serve well balanced nutritious meals to the children you are caring for in your home. If you, or someone you know is caring for children in your home call us we may be able to help.

We are building the future.

Central Child Care

Serving Boone County
304-382-0797

Pride of Logan County

Serving Logan County
304-752-6868 or 304 752-1047

River Valley Family Day Care Food Program

Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties
523-3031 or 1-800-581-3031



In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U.S. Department of Agriculture and is administered by the West Virginia Department of Education.

What is the West Virginia Training Certificate in Early Care and Education?

The West Virginia Training Certificate in Early Care and Education is a certificate offered to WV STARS Career Pathway participants who have attended an extensive amount of training hours in a variety of content areas. In order to be eligible for the WVTCECE, an individual must be credentialed on the Career Pathway and have attended 120 clock hours of WV STARS Registered Training while possessing a Career Pathway Credential. The training hours must be reflected on the Professional Development Record and be completed in a variety of Core Knowledge Content Areas. Recipients must complete 20 clock hours of training in each of the following Core Knowledge Content Areas: Area 1 Child Growth and Development, Area 2 Health, Safety and Nutrition, Area 3 Positive Interactions and Relationships, Area 4 Curriculum, and Area 5 Child Observation and Assessment. Along with the 100 clock hours completed in the first five Core Knowledge Content Areas, an additional five hours of training in each of the following areas must be completed: Area 6 Family and Community, Area 7 Program Management, and Area 8 Professionalism. An additional five clock hours of training must be completed in any of the eight Core Knowledge Content Areas.

To apply for the West Virginia Training Certificate in Early Care and Education, interested parties should contact WV STARS by phone at (304) 529-7603 or by e-mail at tcr@rvcds.org.

Link CCR&R is conducting surveys to better improve our services. Please choose the survey that best suits your needs:

- People in need of Training Services (Contact Nikki Rabel)
- Providers of Child Care Services (Contact Jerri Riggleman)
- People using or in need of Child Care Services (Contact Lela Pemberton)

Please either go to www.rvcds.org and choose the survey which best describes you **OR** if you do not have internet access, contact the person listed next to the survey you would like to complete at (304) 523-9540 or 1-800-894-9540. We will be glad to mail you a copy or discuss your thoughts and concerns with you. We will use this information to help improve the services we offer!

Would you like to Improve the Quality of your Program & Earn More Money?

To learn more about ACCREDITATION log on or call:

Family Child Care Providers can log on at www.nafcc.org or call 1-800-359-3817.

Child Care Centers can log on at www.naeyc.org or call 1-800-424-2460.

Contact WVETCR to inquire about financial support for the application process at 529-7603 or 1-888-983-2827.

Family Child Care Provider Grants Available

Available

Family Child Care Providers are eligible to apply for grants of up to **\$250**. Grants can be used to purchase resources required in regulations or curriculum materials. We also have the following items in stock: First Aid Kits, Fire Extinguishers, Flash Lights, Digital Ear Thermometers, Carbon Monoxide and Smoke Detectors. You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Care Grants and other grants that may become available through Link. Contact Mary Bridgette at Link (523-9540 or 1-800-894-9540) with questions or to request an application.



Save the Dates!

Victorian Family Day of Play

Sunday, July 25th 1 to 5 pm
Historic Huntington House, 1349 6th Ave.

Children's Day In the Park

Saturday, Aug. 21, 2010
10:00 to 1:00
United Way Building, 820
Madison Ave.
(Across from the DMV)



First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only.

Link is not responsible for the following trainings or registration for these trainings.

Boone County First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston** 340-3650.

Cabell County First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020.

First Aid and CPR (Heartsaver class) available at **St. Mary's Medical Center**— 529-1302.

CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. 304-526-2900.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733– 9040.

Logan County First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.

Classes also available at **Logan Regional Medical Center** 831-1556.

Lincoln County For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

Mason County **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

Mingo County **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.

Putnam County

First Aid and CPR available at **Red Cross Building in Kanawha Co.**—1605 Virginia St. E. 340-3650 or www-redcross.org. Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650

CPR and First Aid is offered by Tina Kyle. 561-4674.

Wayne County First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

You can contact local Hospitals or Fire Departments for other options.

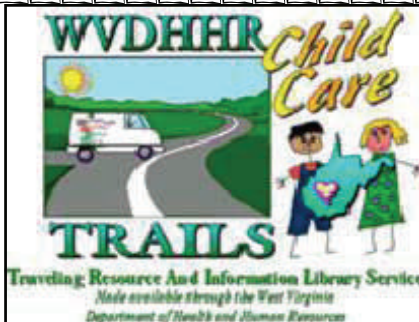
Remember all of these fees are tax deductible.

Revised June 2010

T.R.A.I.L.S. Corner by Jennifer Conkle

Yes, summer is finally here! Not only is this the time of year that children are enjoying their summer vacations from school, it is also an exciting time for school age programs everywhere! Did you know that the T.R.A.I.L.S. program has recently added new materials to the inventory? There are new materials available for all ages, including school age. Since the school age children have arrived you may find yourself asking "now what?"

Although many programs have numerous activities and events planned throughout the summer, it is also important to prepare for those rainy days and unexpected down times. You may want to consider keeping games and other activities available for children to use at their leisure. The Trails program has both board and gross motor games available for school age children to use. Some of the gross motor materials that may interest school agers are scooters, potato sacks, baseball gloves, jump ropes, bicycles & helmets, hula hoops, balls, and



You can reach The T.R.A.I.L.S. Team, Jennifer Conkle or Virena Elkins, at 1-800-894-9540 or (304) 523-9540 for more information about TRAILS Services or to schedule a visit.

reading for pleasure and join reading programs during this time of the year. You may want to check out the books that the T.R.A.I.L.S. van has available to support reading in your program this summer. We hope that all programs have a terrific summer! Whether you are working in a school age program, or with younger children we hope that you allow T.R.A.I.L.S. to help you plan your activities. If you are not currently using the T.R.A.I.L.S. service please give us a call to make an appointment soon.

balancing boards. There are also different types of blocks for construction and dramatic play materials that can add to your indoor environments.

We have also added new reading material to support our school age library. Many children like

***WE NEED YOUR HELP!**

If you serve infants and have empty plastic food containers we would love to have these. Please wash them out and save them for us to pick up. We use them to put paint and glue in to give back to providers. We can use any small plastic containers that you may have.

Thank you*

See You Soon,
Jennifer & Virena

Please visit us at the Link Office or one half hour before or after the following training sessions:

Date	Time	Location	Training
July 1	8:30—2:00	Link Office Huntington	
July 20	2:00 4:00	Hamlin Library	Creativity for All...
Aug. 2	8:30—2:00	Link Office Huntington	
Aug. 19	1:00—3:00	Boone County Health Dept.	Five, Six Pick Up Sticks...
Sept. 1	8:30—2:00	Link Office Huntington	
Sept. 16	3:00—5:00	Logan Library	Say What You Mean....

Link Child Care Resource & Referral
c/o River Valley Child Development Services
611 7th Ave., Suite 200
Huntington, WV 25701

Link CCR&R



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Providers' Newsletter and Training Information

A Program of River Valley Child Development Services.

Visit us on the web at www.wvdhhr.org/Link