



April, May and June 2010

NewsLink  
Spring, 2010

**Great Beginnings  
Infant/Toddler  
Conference  
September  
17 - 18, 2010**



**Summersville Convention &  
Visitors Center  
Summersville, WV**

**Model Room featuring  
Gross Motor Activities & Equipment**

*Professional Development  
Opportunities For Administrators  
and Caregivers of Infants/Toddlers*

*Topics addressing nutrition, health  
and active play.*

*Registration Opens  
April 1, 2010. Contact your Infant/  
Toddler Specialist*

## HAECC Conference April 23 & 24, 2010

**Big Sandy Superstore  
Conference Center**

**Our Children...  
A Priceless  
Investment**



**Friday Keynote: Bill Corbett**

**Saturday Keynote: Nancy Cheshire**

**Leadership Institute  
April 22 at Marshall University  
Speaker: Bill Corbett**

**For more information contact  
Michelle Rollyson at  
rollyson1@verizon.net or (304) 697-0876.**

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### Link Child Care Resource & Referral

A Program of River Valley Child Development Services  
Funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

## Who's Who at Link Child Care Resource and Referral as of April 2010

Director	Mary Bridgette	Director	
<b>Provider Services Unit</b>	<b>Lindsay Johnson</b>	<b>Supervisor of Provider Services</b>	General Provider Services, Safety & Curriculum Grants
	Leigh Ann Cazad	Administrative Assistant/ Equipment Coordinator	General Provider Services, Provider Eligibility (denial, renewal, closure, etc.), Provider Payments, New Provider Packets, Moving Packets
	Shelia Myers	Data Entry Specialist	General Provider Services, Provider Eligibility (denial, renewal, closure, etc.), Provider Payments, New Provider Packets, Moving Packets
	Jerri Riggleman	Case Manager – Provider Serv.	Provider Eligibility (denial, renewal, closure, etc), New Provider Enrollment, Provider Trainings Step 1,2&3, Provider Referrals
<b>Family Services Unit (Caseloads are dispersed according to the family's last name and county of residence)</b>	<b>Lela Pemberton</b>	<b>Supervisor of Family Services</b>	General Family Services
	Sue Clagg-Witt	Case Manager	Cabell: C,H,M
	Constance Faber	Case Manager	Cabell: A,E,K,N,T and Lincoln: A-Z
	Sheila Jennings	Case Manager	Cabell: P and Wayne: A-K,R,S,T,W
	Pam Jones	Case Manager	Cabell: D,U,V,W and Mason: A-Z
	Harold Keener	Case Manager	Boone, Logan, Mingo
	Amanda Kelley	Case Manager	Cabell: G,J,L,S and Putnam: S-V,X,Y,Z
	Sharon Varney	Case Manager	Putnam: A-R,W
	Pam Williams	Case Manager	Cabell: B,F,I,O,Q,R,X,Y,Z and Wayne: L-P,Q,U,V,X,Y,Z
<b>Training Unit</b>	<b>Nikki Rabel</b>	<b>Supervisor of Training Services</b>	General Training Services, Newsletter, Training Requests
	Kerry Carnegie	Early Childhood Specialist	General Provider Training, School-Age
	Jennifer Conkle	TRAILS Specialist	TRAILS, General Provider Training
	Virena Elkins	TRAILS Associate	TRAILS
	Kathy Meadows	Early Childhood Specialist	General Provider Training, Preschool, Family Child Care, Tier II
	Paula Stewart	Infant Toddler Specialist	Infant/Toddler
	Shannon Taylor	Behavior Consultant	Behavior/Child Guidance (TA and Training)

## Behavior Consultant Corner, by Shannon Taylor

Think of the last time you started a new job. On your first day, you were likely nervous about what the day would bring. You were probably introduced to many new people and given directions of what was expected of you. Maybe some people excluded you...perhaps others were a little too

eager to get to know you and asked too many personal questions. How long did it take you to get comfortable with your job duties? How long before you were completely sure of your expectations? How long did it take you to learn how to deal with all those new personalities, including your supervisor's? Oh, you're still learning after 5 years? Fascinating! This is how many children feel when they go through major transitions in their lives, such as switching to a new child care center. The most important tools you can use to help a child with any kind of transition are patience, love, and understanding.

Children need to be given time to get to know their new surroundings, including the children, the teachers, and the physical environment. If possible, give the child an opportunity to visit his new place of child care prior to his actual start date. This may help ease some of those initial first-day jitters. Once he starts, allow him time to reacquaint himself each morning until he overcomes his nervousness. This may take a couple of weeks or even a couple of months...

maybe even longer, because every child is different! No two children will handle this type of transition exactly the same way. As a child care provider introducing a new child to your setting, it is important to remember to offer support and reassurance until he is completely comfortable. It will also help to be fairly consistent with your daily routine until he is at ease. Remember that it is not unusual for a child who appears to suddenly take a step backwards after a few weeks and become shy again. This is all just part of the process, so remind him how happy you are that he is spending his day with you and reassure him that you will keep him safe until his loved-one returns to take him home! Soon enough, he will be an old pro and will be able to help the next "new kid" transition into your setting! [Writer's note: My 2-year-old is in the process of transitioning into a new child care setting, and his new providers have done a beautiful job of easing his fears and helping him feel welcome and loved!]

**The most important tools you can use to help a child with any kind of transition are patience, love, and understanding.**



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at (304) 523-9540 Ext. 432 or 1-800-894-9540.

**All Family Child Care Home Providers remember to mark your calendars!!**



**Link CCR&R will hold a forum on April 13, 2010, 2:00pm to 3:30pm in the 2nd floor conference room. This will give providers the opportunity to ask questions about the subsidy program. Including policy, certificates, payment process, etc.**

**For more information contact: Lela Pemberton or Lindsay Johnson at 1-800-894-9540.**

### Directors Council News

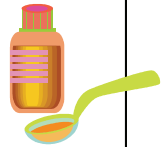
The next Director's Council Meeting and one hour training will be held on Monday, May 17 at 5:30 at Link.

Our training priorities will be regarding **Employment and Labor Law**. More information will be e-mailed soon.

Please Contact Nikki Rabel at (304) 523-9540 or 1-800-894-9540, Ext. 106 or [nikki.c.rabel@wv.gov](mailto:nikki.c.rabel@wv.gov) for more information, to be added to the ongoing e-mail list of Directors or to register for a training session.

**\*\*The Next Directors Toolbox Module will be held in the fall. This module will now be offered twice per year by Link.**

## Medication Administration Training



The Following Classes will be held in the 1st Floor Conference Room at Link:

Wed., April 28 1:00-5:30  
Sat., June 5 10:00-2:30  
Wed., June 23 1:00-5:30

**You must be on the STARS Pathway in order to take the class.**

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304)529-7603 or 1-888-983-2827 Ext. 402 to **request a training at your center.**

# Celebrate Week of the Young Child

April 11-17, 2010

# WOYC

Visit

<http://www.naeyc.org/woyc> for WOYC Activity Ideas.

**Please Join us for the 2010 Children's Parade Tuesday, April 20th at Pullman Square!**

**Contact Leslie Comer-Porter at (304) 523- 1164 for more information.**

## Infant/Toddler Corner by Paula Stewart

As I am watching the earliest signs of spring appear, I anticipate beautiful warm sunny days ahead. Let me take this time to encourage you to take your infants and toddlers outside to enjoy the good weather. Even the littlest ones can enjoy the great outdoors. Spread some blankets on the ground and let them enjoy tummy time outside. Which reminds me; WVIT graduates and participants mark your calendars for Great Beginnings September 17-18 in Summersville WV. This fall's conference will be chock full of ideas on how to get those little ones outdoors and what to with them once you get them out there. We will have an outdoor classroom for you to explore, remember some items from that classroom will go home with you! Directors here are dates for you to save.

### Directors' Academy July 8—10, 2010

**Charleston Marriott, Charleston** Here's the scoop: This is an exciting opportunity for directors or assistant directors of programs serving infants and toddlers. The academy will be presented by faculty from WestEd in California who developed the Pro-gram for Infant and Toddler Caregivers (PITC). Topics include: Day to Day Realities of Directing I/T Programs; Uniqueness of the Infancy Period; Implementation of Environments and Small Groups; Implementation of Primary Care and Continuity of Care; Assessments for I/T; The Directors' Role; and others. Faculty presenting to include: Peter

Mangione, Alicia Tuesta, Louis Torelli (Spaces for Children) and Linda Brault. These are all inspiring, motivating speakers who have a passion for babies. Networking opportunities will be available to ask questions

and share ideas. There will be a total of 16.75 hours of WV STARS registered training in program management, child growth and development, curriculum, family and community, and child observation. There is no charge for your attendance to this event. The academy will begin on Thursday morning and end Saturday at noon. Lunch will be provided Thursday and Friday. A \$200.00 stipend will be available to directors who attend the entire academy. Registration will be accepted on a first come, first served basis. To be eligible you must have completed either WVIT for Administrators or ACDS.

This is an opportunity you won't want to miss. (This will count as a conference for Tier II requirements) Contact me for registration information.



Paula Stewart is the Infant Toddler Specialist at LINK. You can reach her at 304 523 -9540 Ext. 228 or paula.l.stewart@wv.gov.

### Schedule for Summer WVIT Class

The next WVIT class will begin on July 1 in Cabell County at the Link Office. The July 1 class will begin at 10:00 and end at 3:30. Exact dates and times will follow.

The next Administrators' Module will be held on June 24, 10:00—4:00 at Link.

Contact Paula Stewart at Link to sign up for either class.



## Early Care & Education Modules by Kathy Meadows

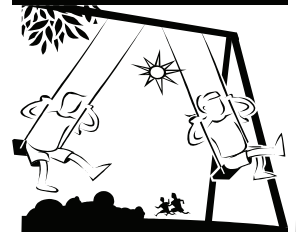
You provide care for children all the time. Have you stopped to think what that means? We have developmental milestones to help us track where a child should be, but children do not develop at the same pace. Each one is different. Child development is more than just physical development. Take into consideration how children play, learn, speak and behave.

By the time a child is two he or she should name objects, run more than walk, eat with a spoon, name objects, listen to stories with pictures watch others play etc. They can also lack control, be self-centered and sometimes be a dawdler. As a professional you want to help children develop appropriately. The Components of Quality Care and Education can help you do this. Each class will give you knowledge allowing you to provide developmentally appropriate

activities for the children. The modules are for people who care for children two and a half to five years of age. You attend class once a week for eight weeks. The length of each class is four hours. You must attend all eight sessions. Upon completion of the training modules you will receive a certificate and resources to use with your children.

**Requirements for the CQCE modules include a pre and post visit and each participant must be registered on the West Virginia State Training and Registry System (S.T.A.R.S) program.**

The CQCE modules will be held at Link beginning Wed. April 14<sup>th</sup> at 12:00. The registration deadline is Friday March 26. If you are interested in being a part of the module classes, call Kathy Meadows at 304-523-9540 or 1-800-894-9540 ext.112 or you may e-mail her at [Kathy.L.Meadows@wv.gov](mailto:Kathy.L.Meadows@wv.gov).



Training Modules	Date	Time
Extreme Makeover: Space & Furnishings	April 14	12-4
Not Just Routine	April 21	12-4
For the Love of Literacy	April 28	12-4
Implementing Your Curriculum	May 5	12-4
Recipe for Relationships	May 12	12-4
Building Block: A Program's Structure	May 19	12-4
Including all Children: Providing for Children with Special Needs	May 26	12-4
Communication is the Key	June 2	12-4

# Training Calendar & Training Information

## IMPORTANT TRAINING INFORMATION

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive during any training session, or prevent the Trainer from staying on task, you will be asked to leave and your monitor will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your monitor will be notified.
4. No cell phones or electronic devices may be used during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all Trainings.
7. You are responsible for keeping your training certificates on file. All trainings are registered with WV STARS.

**Family Child Care Providers** must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

You must register for training sessions at least 24 hours in advance.

**TO REGISTER** for a training or to cancel your registration, please call Link at 523-9540 or 1-800-894-9540 or e-mail Kerry.L.Carnegie@wv.gov. When e-mailing or leaving a message, please clearly state the date and location of the session(s) you wish to attend and leave a contact phone number. Thank You.

## **\*Codes for Training Chart\***

### \*Core Competency

<b>CGD</b>	Child Growth and Development
<b>HSN</b>	Health, Safety and Nutrition
<b>PIR</b>	Positive Interactions & Relationships
<b>COA</b>	Child Observation and Assessment
<b>PM</b>	Program Management
<b>FC</b>	Family and Community
<b>C</b>	Curriculum
<b>P</b>	Professionalism



### \*Tier



<b>Tier I</b>	Beginner level	<b>Tier II</b>	Intermediate
		<b>Tier III</b>	Advanced

### \*Targeted Age/Area



<b>IT</b>	Infant/Toddler
<b>PRE</b>	Pre-School
<b>SAC</b>	School Age Care
<b>CB</b>	Center Based
<b>FCC</b>	Family Child Care Providers
<b>ADM</b>	Administration
<b>ALL</b>	Targets All Areas

**For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at <http://www.wvearlychildhood.org>**



Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/Area *	Location of the Training	Time of Training
<b>Cabell and Wayne Counties</b>						
Returning in Fall, 2010	Director's Toolbox Modules returning Fall, 2010. See bottom of page 2 for details.	All	III	ADM	Link Office—2nd Floor 611 7th Ave. Huntington	To Be Announced
Sat. April 10	Routines and Rituals: Napping, Diapering and Feeding Infants.	PIR	II	IT	Kid's Cottage (304)272-3838 RR3 # 2011B, Wayne	10:00-12:00
Beginning April 14	Components for Quality Care and Education Modules. See Page 3 for more information.	All	II	PRE	Link	12:00– 4:00
Tues., Apr. 27	1-2-3 Grow With Me: Child Development 	CGD/C	II	ALL	Link	2:00—4:00
Sat., May 8	OH, What Shall We Do Today: Creating a Schedule that Works 	C	I	All	Guyandotte Library 203 Richmond St., Huntington	<b>10:30—12:30</b>
Mon., May 10	Under Surveillance: Observing Children	COA	II	All	Gallaher Library 368 Norway Ave., Huntington	9:00—11:00




Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Tar- geted Age/ Area *	Location of the Training	Time of Training
Fri. May 14	Eww! Gross Motor Play 	HSN	I	All	Barboursville Library 728 Main St. Barboursville	3:00– 5:00
Mon. ,May 3	Child Abuse and Neglect	HSN	I	All	Link	6:00-8:00
Thurs., May 27	Young at Art	C	I	IT	Link	3:00—5:00
Thurs., June 3	Under Surveillance: Observing Children	COA	II	All	C-K Library 1200 Oak St., Kenova	1:00– 3:00
Wed., June 30	To Market, To Market: Preparing Healthy Meals 	HSN	I	All	Link	2:00—4:00


### Logan, Mingo and Boone Counties

Thurs. April 29	ITERS-R (Infant Toddler Environmental Rating Scale)	PM	II	IT	Living Waters 212 E. 2nd Ave. Williamson	6:00—8:00
Tues., May 18	Creativity For All: Supporting Music, Art, Literacy and Dramatic Play on a Budget	C	I	All	Logan Library 1 Wildcat Way, Logan	2:00—4:00
Thurs. June 10	All You Need is Love	PIR	II	All	Logan Library	<b>10:30—12:30</b>


### Lincoln County

Tues., May 4	Eww! Gross Motor Play 	HSN	I	All	Lincoln Day Care Rt. 1, West Hamlin	6:00—8:00
Tues. June 22	Let's Get Organized	PM	I	All	Hamlin Library 7999 Lynn Ave., Hamlin	10:00– 12:00

### Mason County

Tues., April 20	Transporting Children: Keeping Every Child Safe 	HSN	I	IT/ PRE	Mason County Library 508 Viand Ave., Pt. Pleasant	1:00—3:00
Thurs., June 10	The Learning Triangle: Read, View, Do.	CGD	I	All	Mason County Library	10:00—12:00

### Putnam County

Thurs., April 8	All You Need is Love	PIR	II	All	My Family 1101 Hospital Dr., Winfield	6:00– 8:00
Sat., May 1	Shh! It's Confidential	P	II	All	Winfield Child Dev. Ctr. 3632 Winfield Rd. Winfield	9:00—11:00
Sat. May 1	You are Your Own Rainbow	PIR	I	All	Winfield Child Dev. Ctr.	11:00—1:00
Sat. June 5	Eww! Gross Motor, You Are What You Eat (4 hour training) 	HSN	I	All	First Baptist Academy 2635 Main St. Hurricane	10:00—2:00

## Family Child Care Food Program

### DID YOU KNOW?

By simply rinsing your canned vegetables in water before use, you can reduce sodium by up to 40%. As an enrolled provider, with the Food Day Care Program, you can learn other helpful tips. And, you may be reimbursed up to \$100 per child per month. Let us help you serve well balanced nutritious meals to the children you are caring for in your home. If you, or someone you know is caring for children in your home call us, we may be able to help.

**We are building the future.**



### Central Child Care

Serving Boone County  
304-382-0797

### Pride of Logan County

Serving Logan County  
304-752-6868 or 304 752-1047

### River Valley Family Dare Care Food Program

Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties  
523-3031 or 1-800-581-3031

In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U.S. Department of Agriculture and is administered by the West Virginia Department of Education.

## ACDS Corner

By Lisa Gladwell



### **ATTENTION ALL JOURNEYPERSONS & 4<sup>TH</sup> SEMESTER ACDS STUDENTS:**

On April 13, 2010, an **Articulation Summit** will be held in Bridgeport, WV on behalf of prospective students who plan to further their education beyond ACDS. The purpose of this event is to bring all WV community and technical colleges and four-year institutions together to discuss the importance of articulation agreements for early childhood education degree programs, and the barriers/obstacles to overcome in order for such agreements to be created. Articulation agreements with these institutions will mean, in part, that ACDS graduates can receive college credit for similar coursework already completed through the ACDS program, rather than unnecessarily repeating costly courses. On that note, it is **IMPERATIVE** that your voice is heard to help convince these institutions of this very important need for students in WV! In early March, surveys will be sent to all journeypersons & 4<sup>th</sup> semester students, & it will also be on the ACDS website. **You can either mail, fax, or complete the survey online.** If you are mailing/faxing it, please do not also complete the online survey as this will skew the results. **Please submit by March 31, 2010.** Online: [www.wvacds.org](http://www.wvacds.org); click the link for Articulation Survey. Thank you so much for taking the time to help yourself and future ACDS graduates!

Link CCR&R is conducting surveys to better improve our services. Please choose the survey that best suits your needs:

People in need of Training Services (Contact Nikki Rabel)

Providers of Child Care Services (Contact Lindsay Johnson)

People using or in need of Child Care Services. (Contact Lela Pemberton)

Please either go to [www.rvcds.org](http://www.rvcds.org) and choose the survey which best describes you **OR** if you do not have internet access, contact the person listed next to the survey you would like to complete at 523-9540 or 1-800-894-9540. We will be glad to mail you a copy or discuss your thoughts and concerns with you. We will use this information to help improve the services we offer!

## Would you like to Improve the Quality of your Program & Earn More Money?

To learn more about ACCREDITATION log on or call:

Family Child Care Provider can log on at [www.nafcc.org](http://www.nafcc.org) or call 1-800-359-3817.

Child Care Centers can log on at [www.naeyc.org](http://www.naeyc.org) or call 1-800-424-2460.

Contact WVETCR to inquire about financial support for the application process at 529-7603 or 1-888-983-2827.

## Family Child Care Information



### Family Child Care Provider Grants

Family Child Care Providers are eligible to apply for grants of up to \$250. Grants can be used to purchase resources required in regulations or curriculum materials. We also have the following items in stock: First Aid Kits, Fire Extinguishers, Flash Lights, Digital Ear Thermometer, Carbon Monoxide and Smoke Detectors. You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Grants and other grants that may become available through Link. Contact Lindsay Johnson at Link (523-9540 or 1-800-894-9540) with questions or to request an application.

### Family Child Care Association - A Place for Providers to Come Together!

The Cabell Wayne Family Child Care Association would like to invite everyone to join us. All of our meetings are registered with STARS and you will receive TWO hours credit. We also offer other trainings, from time to time, which are stars registered. We would like to see more providers take an active role in the association. The association is about support for each other. Please come join us and if you have any questions feel free to call me Kathy Baker, president, at 304-529-6246.

May 8, 2010-10:00am at Guyandotte Library - Training on Lesson Plans begins at 10:30 (2 hrs. stars credit)

June 5, 2010-10:00am at Guyandotte Library - Normal meeting (2 hrs. stars credit)

## First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only. **Link is not responsible for the following trainings or registration for these trainings.**

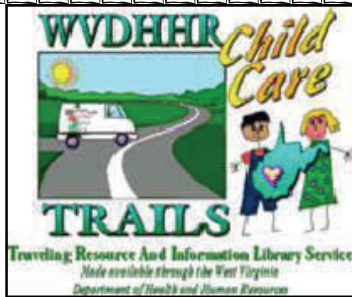
- Boone County** First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston** 340-3650.
- Cabell County** First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020. Cost is \$20 each. CPR with First Aid available at **American Red Cross**. 1111 Veteran’s Memorial Blvd. 304-526-2900.
- First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733- 9040.
- Logan County** First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917. Classes also available at **Logan Regional Medical Center** 831-1556.
- Lincoln County** For First Aid or CPR Contact Dorothy or William Frazier 778-3873.
- Mason County** **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.
- Mingo County** **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.
- Putnam County**  
First Aid and CPR available at **Red Cross Building in Kanawha Co.**—1605 Virginia St. E. 340-3650 or [www-redcross.org](http://www-redcross.org). Evening classes are available.  
Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650  
CPR and First Aid is offered by Tina Kyle. 561-4674.
- Wayne County** First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

**You can contact local Hospitals or Fire Departments for other options.**  
***Remember all of these fees are tax deductible.***

### T.R.A.I.L.S. Corner by Jennifer Conkle

Spring has arrived! The cold temperatures and snow did cause some delays in our schedule this winter, but now that better weather is ahead of us we look forward to visiting everyone soon.

As much as we experienced cabin fever this winter, I’m sure the children are ready to get outside and play! Now seems to be the time of year that interest in the great outdoors sparks, so remember that there are many activities that can be done outdoors to support all areas of development. We want to encourage you to think of ways to support your objectives and learning goals while enjoying the beautiful weather. For example, you can easily bring art activities outside with easels, spray bottle painting, or simple sidewalk chalk. Spring is also a wonderful time to point out insects and how things grow. Extend your learning environment



You can reach The T.R.A.I.L.S. Team, Jennifer Conkle or Virena Elkins, at 1-800-894-9540 or (304) 523-9540 for more information about TRAILS Services or to schedule a visit.

outdoors by keeping graphs and charts of things that children can observe. You may want to catch the rain on several days, allow the children to measure it, and keep a graph as a visual aid for the amount of rainfall we have this spring. If your children are showing an interest in insects consider ways to incorporate them both indoors

and outdoors. You can look for insects in places they like to hide, or create an ant farm, or worm vue. Children also love to watch seeds sprout into plants! Consider planting a garden, or a few small plants or flowers in pots. Seeds also sprout well when wrapped in a moist tissue, placed in a sealed sandwich bag, and secured to a window that receives direct sunlight. If you plant vegetables your children can experience helping you gather the food and prepare it. They are more likely to try and appreciate new foods if they have the

opportunity to assist in growing and preparing it. Another way to transition indoor play outside is to bring out dress up clothing, hats, dolls, and plastic foods. Children may want to extend their play with picnics and other role playing activities.

Again, T.R.A.I.L.S. has many items that can support you in developing and supporting your classroom activities. No matter what your children are interested in please use T.R.A.I.L.S. as a resource for planning your activities. If there is a specific need you have please contact us and we will be happy to assist you in anyway that we can. See you soon, Jennifer and Virena

Date	Time	Location	Training
April 1	8:30—2:00	Link Huntington	
April 20	1:00—3:00	Mason County Library	Car Seats
May 3	8:30—2:00	Link Huntington	
May 18	2:00—4:00	Logan Library	Creativity for All
June 1	8:30—2:00	Link Huntington	
June 30	2:00-4:00	Link Huntington	Child Nutrition

Link Child Care Resource & Referral  
c/o River Valley Child Development Services  
611 7th Ave., Suite 200  
Huntington, WV 25701

**Link CCR&R**

NON PROFIT ORGANIZATION  
US POSTAGE

**PAID**

PERMIT NO. 43  
HUNTINGTON, WV

Change Service Requested



Link Child Care Resource and Referral Child Care

**Providers' Newsletter and Training Information**

A Program of River Valley Child Development Services.

Visit us on the web at [www.wvdhhr.org/Link](http://www.wvdhhr.org/Link)