



# January, February and March 2010

## NewsLink Winter, 2010

### River Valley Child Development Services Customer Satisfaction Survey



River Valley Child Development Services appreciates the opportunity to provide services to you and your family. We are committed to making sure our customers are satisfied with our services. Please take a few minutes to complete our survey. You can find it on the web at [www.RVCDs.org](http://www.RVCDs.org). All surveys will be reviewed.

### SAVE THE DATE! 2010 HA ECC Conference April 23 & 24



### Big Sandy Superstore Conference Center Our Children...A Priceless Investment

Friday Keynote: Bill Corbett

Saturday Keynote: Nancy Cheshire

Leadership Institute

April 22 at Marshall University

Speaker: Bill Corbett

For more information contact

Michelle Rollyson at [rollyon1@verizon.net](mailto:rollyon1@verizon.net)  
or (304) 697-0876.

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### Would you like to Improve the Quality of your Program & Earn More Money?

To learn more about ACCREDITATION log on or call:

**Family Child Care Provider** can log on at [www.nafcc.org](http://www.nafcc.org) or call 1-800-359-3817.

**Child Care Centers** can log on at [www.naeyc.org](http://www.naeyc.org) or call 1-800-424-2460.

Contact WVETCR to inquire about financial support for the application process at 529-7603 or 1-888-983-2827.

### STARS CONFIDENTIALITY POLICY UPDATE



Please note that the WV STARS Confidentiality Policy has been changed to better serve WV STARS participants. Beginning January 1, 2010, WV STARS registry information including, but not limited to, Registry Identification Number, Career Pathway Credential status, Career Pathway Credential Level, Trainer Credential status and Professional Development Records may be accessed by outside parties (i.e. regulatory agencies, employers, program administrators, trainers) without a written statement of release. As always, information that could affect the safety and security of an individual (i.e. social security numbers and personal addresses) will not be released to any individual or agency for any reason. Participants registered with WV STARS prior to 1-1-10 have the option of remaining under the previously signed Confidentiality Statement by submitting a written statement of this request to WV STARS.

If you have any specific questions about the change in this policy, please contact WV STARS at (304) 529-7603 or [www.wvearlychildhood.org](http://www.wvearlychildhood.org).

### Link Child Care Resource & Referral

A Program of River Valley Child Development Services

Funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

# Behavior Consultant Corner, by Shannon Taylor

As the song goes, it's the most wonderful time of the year! But trying to create a memorable holiday for your family when you have a toddler in the house can lead to added frustration for you AND your child! Remember that toddlers thrive on routine and consistency, so all the excitement and hustle and bustle that come with the holidays often can be more stressful than magical. Keeping that in mind, here is a small survival guide to help you navigate the top two holiday activities relatively unscathed:

Remember that toddlers thrive on routine and consistency, so all the excitement and hustle and bustle that come with the holidays often can be more stressful than magical.

## Shopping:

1. Don't go during busy times – Try to shop in the early morning or early afternoon to avoid the large crowds that could agitate your toddler.
2. Don't go right before nap or meal times – It just stands to reason that if your toddler is tired or hungry, he won't tolerate much shopping until his needs are met.
3. Have a list and stick to it – In a nutshell, get in and get out! The less time you need to spend in the hot and crowded stores, the better!
4. Dress him in light layers – Some stores don't take into account that more people = hotter stores, so dress your child in layers so that you can help him cool off quickly if necessary!

dulge in yummy holiday goodies, but too much sugar can cause emotional overloads in some children, so limit their treats to a couple per day.

3. Let your little one help out – The best holiday memories can be found in the time spent making cookies with your toddler or helping her select the perfect bow for the package you are wrapping. This

gives a child a sense of responsibility and importance to be a part of such an exciting time!

4. Don't go overboard on gifts – Toddlers are more likely to become overwhelmed if they are

expected to devote hours to unwrapping all those holiday presents, so remind family members to limit their generosity to one or two special gifts to allow your child the opportunity and time to enjoy what he has been given!



Regardless of the situation, activity, or event, the key point to remember is to not expect perfection from your toddler. This is a very hectic time of year and it's wise to just plan on meltdowns occurring. The better prepared

you are, the better your toddler will cope. So try to sit back and enjoy that cocoa and

Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at 523-9540 Ext. 432 or 1-800-894-9540.

know that by taking the "less is more" approach, you are still creating a wonderful time of togetherness and holiday memories for your child!

*Happy Holidays,  
Shannon*

## Family Events:

1. Keep outings simple – It's certainly fun to plan an afternoon of ice skating followed by neighborhood caroling and a round of hot chocolate, but with toddlers in tow, remember that less is more! Shoot for one main activity per day... and don't forget that sometimes the best fun is no more than a simple drive around the neighborhood to check out all the holiday lights!
2. Limit holiday treats – It's fine to let your child in-

## Directors Council News

The next **Director's Council Meeting** and one hour Training will be held on January 25 at 5:30 at Link.

### Training Topic: Strengthening Families.

Free Resources will be given to those in attendance. Family Child Care Providers and Staff are welcome to attend this training. The Director's Council meeting will immediately follow the training.

### Directors Toolbox Module are beginning again in January!

Sessions will be from 4:00-8:00 at Link. The first session will be held on January 11. This session will be a make up for the

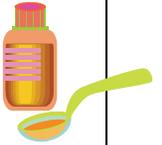
#### From the Inside Out: The Power of Reflection & Self Awareness

session that was cancelled last time, as well as the first session of the new module. Each session is registered with STARS and meets the training requirements for Directors. See page 5 for specific information.

Please Contact Nikki Rabel at 523-9540 or 1-800-894-9540, Ext. 106 or [nikki.c.rabel@wv.gov](mailto:nikki.c.rabel@wv.gov) for more information, to be added to the ongoing e-mail list of Director's or to register for a training session.



## Medication Administration Training



The Following Classes will be held in the 1st Floor Conference Room at Link:

January 20<sup>th</sup> 1:00-5:30pm

March 10<sup>th</sup> 1:00-5:30pm

**You must be on the STARS Pathway in order to take the class.**

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at 529-7603 or 1-888-983-2827 Extension 402 to **request a training at your center.**

## Attention Afterschoolers!

Have you ever wondered if your afterschool program is the best that it can be? Have you ever just needed more support for your afterschoolers? Have you ever just wondered what to do with your afterschool kids? If you serve over 6 afterschool children then I can help with your frustrations. I am certified in the Afterschool Program Assessment System (APAS), this assessment tool is designed to improve quality on afterschool programs. This tool can be used to define and communicate desirable program goals to staff and families. This tool can help programs meet goals to help their afterschool programs thrive. If you would like assistance, please call Kerry Carnegie at 523 -9540 ext. 229 or 1-800-894-9540 or email at [Kerry.L.Carnegie@wv.gov](mailto:Kerry.L.Carnegie@wv.gov).



# Infant/Toddler Corner by Paula Stewart

## For the Love of Reading

Want to teach the love of reading? Take advantage of these cold winter days to grab a book, snuggle up with your infants/toddlers and spend some time reading. Think of the wonderful memories you can help children make through interactive reading. Books have a distinct advantage in helping children plug in and make connections with their immediate world.

Look for opportunities to share a book one on one with children. Is there a toddler in your class who takes a little while to wake up from a nap? This would be great time to take her into your lap to share a book. Let her choose a favorite book to share with you. This closeness assures the toddler (this is also true for infants) of your presence and emotional availability. Make sure to provide consistent opportunities to engage children in book reading. Plan intentional time to read with your infants and toddler but also be prepared to share books with them spontaneously!

Be sure to have developmentally appropriate books on hand. Board books, picture books or books with one-line sentences on each page with the pictures telling the story are examples of developmentally appropriate books. Also, include culturally and

ethnically diverse books in your room or family child care home. Remember the TRAILS Van has a wonderful selection of these books that are available for you to borrow.

Enjoy the time you spend reading with children, use your voice to create personalities for each character in the book. Personalize the stories, this will help infants and toddlers be aware of themselves and of and their environment. Repeat and review the stories to help your infants and toddlers enhance their comprehension.

As the cold weather descends on us remember to cuddle up, read and enjoy your time together with your precious children!  
Source: Senata, Greene, M.A., C.C.L.S. Responsive Interactions: Reading With Very Young Children, Concepts for Care (PITC 2006) pp.111-115



Paula Stewart is the new Infant Toddler Specialist at LINK. You can reach her at 304 523-9540 Ext. 228 or paula.l.stewart@wv.gov.

### Schedule for Winter/Spring WVIT Class

March 10:00—4:00  
Administrator Module

March 8 1:00—6:30

March 15 1:00—5:30

March 2 1:00—6:30

March 29 1:00—5:30

#### 1st TACIT Visit

April 19 1:00—5:30

April 26 1:00—6:30

May 10 1:00—5:30

May 17 1:00—7:00

May 24 1:00—5:30

June 7 1:00—3:30

#### 2nd TACIT Visit



## Early Care & Education Modules by Kerry Carnegie

Providing care for young children is more than just watching children, it's a profession. Participating in the Components of Quality Care & Education (CQCE) modules puts you on the right track toward becoming the type of child care provider that you would want caring for your own children. The CQCE modules can offer learning opportunities from room arrangement to conflict resolution strategies, from building partnerships with families to including children with special needs. Participating in the CQCE modules is the perfect opportunity for providers to become better child care professionals.

The Components of Quality Care & Education Module Trainings are being offered by Link CCR&R. This training is an eight week course for child care providers working with children ages 2 ½ to 5 years of age. Each module is a 4 hour training in which participants gain knowledge in several core competencies. The modules are designed to provide resources to providers

and to enhance their knowledge and skills in child development. Upon completing the eight week course, providers will receive thirty two (32) hours of professional development and resources to be used in their early childhood programs. Requirements for these training modules include a pre and post on site visit by the training specialist and every participant **must be registered with the West Virginia State Training and Registry System (S.T.A.R.S).**

This quarter the sessions will be held at the Link office. Registration deadline is Thursday, January 7. Participants must attend every session and no walk in or stand by participants will be accepted and their will be no waiting list for individual sessions. Providers interested in attending these sessions need to call **Kerry Carnegie at 523-9540 ext. 229 or 1-800-894-9540 or email at Kerry.l.carnegie@wv.gov.**

Training Modules	Date	Time
<b>Extreme Makeover: Space &amp; Furnishings</b>	Thursday, Jan. 28	4-8:00
<b>Not Just Routine</b>	Thursday, Feb. 4	4- 8:00
<b>For the Love of Literacy</b>	Thursday, Feb. 11	4-8:00
<b>Implementing Your Curriculum</b>	Thursday, Feb. 18	4- 8:00
<b>Recipe for Relationships</b>	Thursday, March 4	4- 8:00
<b>Building Block: A Program's Structure</b>	Thursday, March 11	4- 8:00
<b>Including all children: Providing for children with Special Needs</b>	Thursday, March 18	4-8:00
<b>Communication is the Key</b>	Thursday, March 25	4-8:00



# Training Calendar & Training Information

## IMPORTANT TRAINING INFORMATION

- All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
- If you are disruptive during any training session, or prevent the Trainer from staying on task, you will be asked to leave and your monitor will be notified.
- If you sign up for a training and do not call to cancel at least 24 hours in advance, your monitor will be notified.
- No cell phones or electronic devices may be used during the training sessions.
- You may not bring children to any Link training session.
- You must bring a picture ID to all Trainings.
- You are responsible for keeping your training certificates on file. All trainings are registered with WV STARS.



**Family Child Care Providers** must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

You must register for training sessions at least 24 hours in advance. To register for a training or to cancel your registration, please call Link at 523-9540 or 1-800-894-9540 or e-mail Kerry.L.Carnegie@wv.gov. When e-mailing or leaving a message, please clearly state date and location of the session(s) you wish to attend and leave a contact phone number. Thank You.

## Inclement Weather Policy

In the case that school is cancelled or on a two hour delay in Cabell County **OR** the County in which a training is scheduled, it will be cancelled for that day and you will be contacted when it is rescheduled.

### \*Codes for Training Chart\*

*Core Competency	
CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism
*Tier	
Tier I	Beginner level
Tier II	Intermediate
Tier III	Advanced
*Targeted Age/Area	
IT	Infant/Toddler
PRE	Pre-School
SAC	School Age Care
CB	Center Based
ALL	Targets All Areas
ADM	Administration
FCC	Family Child Care Providers



**For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at <http://www.wvearlychildhood.org>**



Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/Area *	Location of the Training	Time of Training
<b>Cabell and Wayne Counties</b>						
Beginning Jan. 11	Director's Toolbox Modules. See page 2 or the bottom of page 5 for more information.	All	III	ADM	Link Office—2nd Floor 611 7th Ave. Huntington	4:00—8:00
Thurs. Jan. 14	All You Need is Love	PIR	II	ALL	Enslow Park Pre School 1338 Enslow Blvd., Huntington	9:00—11:00
Fri., Jan. 15	The Business of Family Child Care	PM	II	FCC	C-K Library 1200 Oak St., Kenova	1:00—3:00
Sat., Jan. 23	How to Tier II for Family Child Care	PM	III	FCC	Link Office—2nd Floor	10:00—12:00
Beginning Jan. 28	Components for Quality Care and Education Modules. See Page 3 for more information.	All	II	PRE	Link	4-00 - 8:00
Mon. Feb. 1	It's Fun to Be Here: Room Arrangement That Works	PIR	II	ALL	Link	10:00—12:00
Sat., Feb. 6	Environments that Educate	C	II	ALL	C-K Library	11:00— 1:00

Tues. March 16	If You Could See Me Now! 	COA	I	IT	Link Office—2nd Floor	3:00-5:00
Wed., March 17	Family Child Care Environments: Many Right Ways	PIR	III	FCC	Barboursville Library	1:00-3:00
Thurs. March 18	Challenging Behaviors: Where do we Begin?	CGD	I	ALL	C-K Library	2:00—4:00
Thurs., March 25	It's Fun to be Fit	HSN	II	ALL	Guyandotte Library	12:00-2:00

## Logan, Mingo and Boone Counties

Tues., Jan. 12	Assess it As You See It	COA	II	ALL	Logan Library 1 Wildcat Way, Logan	1:00—3:00
Thurs., Jan. 28	Creativity for all: Supporting Music, Art, Literacy, and Dramatic Play on a Budget 	C	I	ALL	Boone County Health Dept. 213 Kenmore Dr., Danville	2:00—4:00
Wed., Feb. 10	Family Child Care Environments: Many Right Ways	PIR	III	FCC	Logan Library	10:00-12:00
Beginning March 18	WV Infant and Toddler Modules (WVIT) See page 3 for more information.	All	I	IT	Living Waters 212 E. 2nd Ave., Williamson	Varies

## Lincoln County

Thurs. Jan. 14	Shh! This Training is Confidential	P	II	ALL	Lincoln Day Care Rt. 1, West Hamlin	6:00— 8:00
Wed., Feb. 24	Environments that Educate	C	II	ALL	Hamlin Library 7999 Lynn St., Hamlin	1:00-3:00
Wed., March 10	Transporting Children: Keeping Every Child Safe 	HSN	I	ALL	Hamlin Library	2:00-4:00

## Mason County

Thurs., Jan. 14	If You Could See Me Now! 	COA	I	IT	Mason County Library 508 Viand St., Pt. Pleasant	3:00—5:00
Wed., Feb. 17	All You Need is Love	PIR	II	ALL	Mason County Library	12:00— 2:00
Sat., Mar. 6	Assess it As You See It	COA	II	ALL	Mason County Library	2:00—4:00

## Putnam County

Thurs. Jan. 7	Assess it As You See It	COA	II	ALL	Forrest Burdette 2848 Putnam Ave., Hurricane	6:30-8:30
Wed., Feb. 3	Love Me Tender	CGD/ PIR	II	IT	First Baptist Academy 2635 Main St.	12:00—2:00
Mon., Mar. 15	Teaching Tolerance and Kindness	PIR	II	ALL	Putnam County Library 4219 Rt. 34, Hurricane	1:00— 3:00

## Director's Toolbox Modules— For Center Director's and Program Administrators Only

Mon., Jan. 11	From the Inside Out: The Power of Reflection and Self Awareness	PM	III	ADM	Link Office 611 7th Ave. Huntington	4:00—8:00
Mon., Jan. 25	Leadership in Action: Circle of Influence	PM	III	ADM	Link Office	4:00—8:00
Mon., Feb. 8	The Right Fit: Recruiting, Selecting & Orienting Staff	PM	III	ADM	Link Office	4:00—8:00
Mon., Feb. 22	Making the Most of Meetings: A Practical Guide	PM	III	ADM	Link Office	4:00—8:00
Mon. March 8	Leadership in Action: How Effective Directors Get Things done.	PM	III	ADM	Link Office	4:00—8:00

## Family Child Care Food Program

**DID YOU KNOW?** You are what you eat?

Do you ever take the time to read the label on the back of the item you are getting ready to open?

The amount of added sugar and fat can add unnecessary weight to you over the course of time. Five (5) grams of fat equals one (1) teaspoon. And, four (4) grams of sugar equals one (1) teaspoon.

To calculate, multiply the number of grams of sugar by the number of servings per container. Divide by 4 to get the number of teaspoons of sugar.

To calculate the number of fat grams, multiply the number of grams of total fat by the number of servings per container and then divide by 5 to get the number of teaspoons of fat. So the next time you reach for something to eat, remember...

**YOU ARE WHAT YOU EAT!**

For more info visit [www.usda.gov/](http://www.usda.gov/)

**Central Child Care** Serving Boone County  
304-382-0797

**Pride of Logan County**  
Serving Logan County  
304-752-6868 or 304 752-1047

### **Caribbean Bean Salad**

4 cups chopped Romaine lettuce  
¼ cup red onion (sliced)  
1 can of drained and rinsed black beans  
1 peeled and diced orange  
1 diced tomato  
1 TBS olive oil  
3 TBS red wine vinegar  
1 tsp dried oregano  
black pepper to taste

Mix all ingredients in large bowl, toss together.  
Enjoy!



In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U.S. Department of Agriculture and is administered by the West Virginia Department of Education.

## ACDS Corner

By Lisa Gladwell



Hello, everyone! As you may know, Enola Foust has retired as the ACDS Regional Coordinator, and in early October, I was fortunate to have been selected to fill her shoes. I am very excited about becoming a part of such a wonderful program as ACDS, and consider myself blessed to be able to join the River Valley team. It does my heart good to know that there are so many people out there working toward the common cause of benefiting the lives of the young children of WV—especially the apprentices, as you are the ones to directly affect them. Here's a little about me: While I'm initially from WV, and have family in Webster Co., I spent most of my life in northeast OH. I attended Cleveland State University for both a B.S. in ECED and grad work for a Masters in EC Special Ed. Among other positions, I taught Head Start and was an Assistant Site Administrator for several years; I was a public school substitute teacher (all grades); and more recently, I served as the Director and on the Board of Directors for a preschool in TN. My husband was recently transferred to Charleston, and I am happy to be back as I've always considered WV to be my real "home."

I will be housed out of the same office as Sherrie Barrett, ACDS State Coordinator, at River Valley Child Development Services, 611 7<sup>th</sup> Ave., Suite 208, Huntington, WV 25701; 1-866-WVA-ACDS or 304-972-6400; fax 304-697-6613;

[www.wvacds.org](http://www.wvacds.org); email: [lgladwell@rvcds.org](mailto:lgladwell@rvcds.org)

I look forward to meeting and working with everyone, and to assisting in making ACDS an even better program than it already is.

**GIVE US A CALL. LET US HELP**

**River Valley Family Care Food Program** Serving Cabell, Wayne, Lincoln, Putnam, Mason & Mingo Counties  
523-3031 or 1-800-581-3031

*Link CCR&R is conducting surveys to better improve our services. Please choose the survey that best suits your needs:*

[People in need of Training Services](#) (Contact Nikki Rabel)

[Providers of Child Care Services](#) (Contact Lindsay Johnson)

[People using or in need of Child Care or School-Age Services](#). (Contact Lela Pemberton)

Please either go to [www.rvcds.org](http://www.rvcds.org) and choose the survey which best describes you **OR** if you do not have internet access, contact the person listed next to the survey you would like to complete at 523-9540 or 1-800-894-9540. We will be glad to mail you a copy or discuss your thoughts and concerns with you. We will use this information to help improve the services we offer!

## Family Child Care Information



### Family Child Care Provider Grants

Family Child Care Providers are eligible to apply for grants of up to \$250. Grants can be used to purchase resources required in regulations or curriculum materials. We also have the following items in stock: First Aid Kits, Fire Extinguishers, Flash Lights, Digital Ear Thermometer, Carbon Monoxide and Smoke Detectors. You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Grants and other grants that may become available through Link. Contact Lindsay Johnson at Link (523-9540 or 1-800-894-9540) with questions or to request an application.

### Family Child Care Association – A Place for Providers to Come Together!

The Cabell Wayne Family Child Care Association would like to invite everyone to join us. All of our meetings are registered with stars and you will receive TWO hours credit. We also offer other trainings, from time to time, which are stars registered. We would like to see more providers take an active role in the association. We try to meet in provider's homes so everyone can see the way other providers have their homes set up and get ideas we can use in our own daycare. The association is about support for each other. Please come join us and if you have any questions feel free to call me Kathy Baker, president, at 304-529-6246.

Jan 9<sup>th</sup>, 2010 --- 10:00am at Kathy Baker's House

March 13<sup>th</sup>, 2010 ----10:00am at Pam Taylor's House

## First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only. **Link is not responsible for the following trainings or registration for these trainings.**

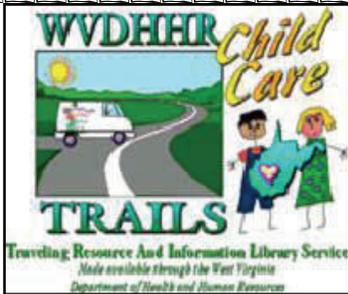
- Boone County** First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston** 340-3650.
- Cabell County** First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020. Cost is \$20 each.  
CPR with First Aid available at **American Red Cross**. 1111 Veteran’s Memorial Blvd. 304-526-2900.  
First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733- 9040.
- Logan County** First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.  
Classes also available at **Logan Regional Medical Center** 831-1556.
- Lincoln County** For First Aid or CPR Contact Dorothy or William Frazier 778-3873.
- Mason County** **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.
- Mingo County** **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.
- Putnam County**  
First Aid and CPR available at **Red Cross Building in Kanawha Co.**—1605 Virginia St. E. 340-3650 or [www-redcross.org](http://www-redcross.org). Evening classes are available.  
Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650  
CPR and First Aid is offered by Tina Kyle. 561-4674.
- Wayne County** First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

**You can contact local Hospitals or Fire Departments for other options.**

***Remember all of these fees are tax deductible.***

### T.R.A.I.L.S. Corner by Jennifer Conkle

Hello, I wanted to take a moment to introduce myself to everyone that may not know me. My name is Jennifer and I have recently joined Virena Elkins on the van, as the T.R.A.I.L.S. specialist. I have worked in the early education field for 13 years. I have enjoyed the past few months getting to know many wonderful people that use the T.R.A.I.L.S. service. I want to say thank you to everyone that has opened your homes and programs to T.R.A.I.L.S. and look forward to meeting many more faces.



You can reach The T.R.A.I.L.S. Team, Jennifer Conkle or Virena Elkins, at 1-800-894-9540 or (304) 523-9540 for more information about TRAILS Services or to schedule a visit.

The T.R.A.I.L.S. program has many services to offer, including free child oriented handouts, brochures, recipes, and information of early childhood services, trainings, and programs available. We have many items to lend that supports all areas of child development and curriculum. With the colder months of the year, keep in mind that there are many activities to do with children indoors to help them release extra energy. We have many gross motor and movement materials, as well as games available that may assist you in your planning. We also have a large selection of resource books, many of which

have recently been added to our inventory, that may provide you with new creative ideas, or even help refresh your memory of great ideas that have worked for you in the past. As many of you know, T.R.A.I.L.S. also has crayons, construction paper, washable paint, and colored pencils for your use. We typically try to maintain a supply of these materials on the van at all times. We have found that

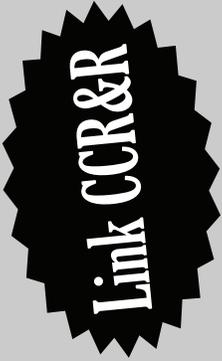
leaving paint on the van in extreme temperatures damages it. Therefore, when the temperature drops below 32 degrees we will not be leaving the paint on the Van, to prevent it from freezing. If you are in need of paint please remind us when we call to schedule a visit. That would be a great help to us, that way we are able to provide you with the supplies you need, without damaging the quality of the paint. Also, remember to feel free to inform us of what your children are interested in, or specific skills that you may be targeting when we call to schedule your visit. The more information you share with us the better we are able to provide you with materials that are most useful to you. Virena and I have noticed that many of you are

interested in borrowing more DVD’s and CD’s. We are currently limited in the number of these items that we have available on the van. If you have any of these, including computer games compatible with windows 2000 or newer, that you are no longer using and would like to donate these to our T.R.A.I.L.S. program please let us know. We would appreciate any and all donations. Thank you all, and please give us a call if you are not currently utilizing the T.R.A.I.L.S. program. We would love for you to be our next visit!

**You can visit the Van on the first of the month or before/after the following Training Sessions:**

Date	Time	Location	Training
Jan. 4	8:30—2:00	Link Huntington	
Jan. 28	1:30—4:30	Boone County Health Dept.	Creativity for All....
Feb. 1	8:30—2:00	Link Huntington	
Feb. 22	3:30- 8:30	Link Huntington	Transporting Children
March 1	8:30—2:00	Link Huntington	
Mar. 10	1:30-4:30	Hamlin Library	Transporting Children

Link Child Care Resource & Referral  
c/o River Valley Child Development Services  
611 7th Ave., Suite 200  
Huntington, WV 25701



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Link Child Care Resource and Referral Child Care

**Providers' Newsletter and Training Information**

A Program of River Valley Child Development Services.

Visit us on the web at or [www.wvdhhr.org/Link](http://www.wvdhhr.org/Link)