



October, November & December 2008

NewsLink

July 2008

Attention: After School Program Staff & Child Care Providers!

Sharpen your skills at a Tools of the Trade in After School Training. This one-day training focuses on best practices to enhance learning and youth development. It is appropriate for front-line staff and program managers and provides all materials and experience with activities. It relates to youth development, academic enrichment and homework help, nutrition and physical activity, program management, age appropriate practices, positive guidance and discipline, parents

as partners, working with challenging children, integrating technology into after school, and more....

Awards six hours of WV STARS credit or professional development certificate and costs only \$20. This fee includes refreshments and lunch (thanks to MetLife and Benedum Foundation grants). The training is registered with the WV State Training and Registry System (STARS) for 6 hours of credit toward the West Virginia Training Certificate in Early Care and Education and for STARS Continuing Education Units (CEU). Won't you register to join us?

When and Where:

Sat. Oct. 18-Charleston OR
Sat. Oct. 25-Huntington

Time: 8:30 - 3:30

Cost: \$20 per person
(Buy three, get one registration free)

To Register:

Contact Betty French at 304-720-9572 or bbfrench@mail.wvu.edu OR
Jane Hange,
WV Statewide
Afterschool Network,
304-720-9882 or
Jane.Hange@mail.wvu.edu

Inside this issue:

| | |
|--|-----|
| Behavior Consultant and Medication Administration Training | 2 |
| Infant Toddler and Quality Components | 3 |
| Training Calendar | 4-5 |
| Health, Safety and Nutrition, ACDS and Family Child Care | 6 |
| First Aid, CPR and TRAILS Information | 7 |

Dream Classroom

The Huntington Area Early Childhood Council is giving away another "Dream Classroom." Do you have a room used by children that needs a little sprucing up? Are you a Child Care Center, Family Child Care Home or Facility located within 100 miles of the Huntington Area Early Childhood Council office? Are you a licensed child care provider? Have you been a continuous provider for the last five years? If you meet this criteria, and want a chance to win this "Dream Classroom" fill out an application and attach a brief (500 words or less) letter of explanation, describing why you think you should be selected for the "Dream Classroom" and how this would benefit the children.



The committee needs a video, DVD, or pictures of your room. Please do not mention your name so that our judges can make sure everyone has a fair opportunity. Videos, DVDs, pictures and essays that fail to follow this request will be disqualified. An independent selection committee will choose the winner. You must agree to hang a plaque in the room with the names of the sponsors and contributors. You must also agree to stay in business for at least two years after you receive the award. If you close before that time, you must return everything to the Huntington Area Early Childhood Council. If you want an application, please call Kathy Meadows at 523-9540 or 1-800-894-9540 extension 112. All entries must be postmarked by November 13, 2008. Late entries will not be considered.

Do you have an idea to help Link Improve Our Services?

Link Child Care Resource and Referral is conducting surveys to better improve our services. Please choose the survey that best suits your needs:

- People in need of Training Services (Contact Nikki Rabel)
- Providers of Child Care Services (Contact Lela Pemberton)
- People using or in need of Child Care or School-Age Services (Contact Cristie Dunbar)

Please either go to www.rvcds.org and choose the survey which best describes you OR if you do not have internet access, contact the person listed next to the survey you would like to complete at 523-9540 or 1-800-894-9540. We will be glad to mail you a copy. We will use this information to help improve the services we offer!



Link Child Care Resource & Referral

A Program of River Valley Child Development Services

Funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

Behavior Consultant Corner, by Shannon Taylor

Greetings!

As the new school year gets under way, I wanted to take this opportunity to introduce myself to any new providers or pre-school teachers out there! I am the Behavior Consultant at Link Child Care Resource & Referral. My role is to provide support and technical assistance to Child Care Providers

and Teachers in Facilities, Centers, After-School Programs, and Pre-K and Head Start Programs. I can help you with ideas on activities as well as provide suggestions and resources in many different areas such as child development, special needs, environment, positive discipline, and behavior guidance. The best news is that my services are completely free of charge! I can provide assistance through phone consultations, informational packets, or site visits to discuss your needs and observe the child / children of concern. Please do not feel that you need to wait until a situation becomes "really bad" before you contact me. The sooner I know of a concern, the sooner we can work together to restore peace to your room and sanity to you! The thing to remember is that I do not provide one on one intervention with children. I am

here to support YOU! Teaching children appropriate behavior is a team effort between parents and child care providers. I can help facilitate these efforts and fill in any gaps to help ensure that all children's needs are being adequately met! Sometimes a

fresh perspective is all it takes to get a

child or an entire classroom back on track and coping with stress or adverse situations in a positive and appropriate way! I look forward to meeting those of you who are new as well as re-visiting old friends. Let's work together to make this the best school year yet for the children in your care!

Warmest Regards,
Shannon Taylor

"We worry about what a child will become tomorrow, yet we forget that he is someone today."

~ Stacia Tauscher ~



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at 523-9540 Ext. 432 or 1-800-894-9540.

Training Opportunity for Center Directors

Directors as Team Captains: Building Morale and Team Spirit

This training will cover ways Directors can Build Morale and Cohesive Teams in practical, inexpensive and meaningful ways. It will also cover Building Partnerships and Establishing Networking Opportunities with other Directors. This Tier III training will count as two hours of STARS Credit. Core Competency: Professionalism

Monday, October 27, 2008

5:30—7:30

Link CCR&R, 2nd Floor Conference Room.

Please Call Nikki Rabel at 523-9540 or 1-800-894-9540, Ext. 106 to register or for more information.

Does your Staff need Medication Administration Training?



If your staff needs to be trained in Medication Administration, as per State Regulations, please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources, at 529-7603 or 1-888-983-2827 Ext. 402 to request a training at your center.

See this section of NewsLink Next quarter for group sessions offered at Link.

Second Annual Center Directors' Meeting

Sponsored by WV DHHR
Division of ECE

**Monday, October 6, 2008
8:00 to 4:30**

**Days Hotel
Flatwoods, WV**

Informational sessions on Quality Rating System, Role of Licensing, Subsidy and more.

Afternoon break-out sessions on **WV Pre-K and Liability and the Law.**

Additional information will be supplied on the WV DHHR list serve.

Contact
aleciastreet@wvdhhr.org
to add your email address.

Infant/Toddler Corner by Sue Knisely

All babies and toddlers need positive early learning experiences to foster their intellectual, social and emotional development. This is crucial in laying the foundation for later school success.

Babies and toddlers that live in high-risk environments need additional support to promote their healthy growth and development.

Babies and young children thrive when quality care is given. Quality care is given by **competent** adults who have an **understanding** and **honest** nature toward the children and their parents. The care giver needs to be responsive in their relationships. Therefore, it is essential that primary care giving is taking place. That means that one caregiver has the responsibility for four children each. Primary care giving is a requirement in our state regulations. Positive attachments will be made that support healthy social-emotional development. These relationships form the foundation of mental health for infant, toddlers and preschoolers. This in turn promotes healthy social and emotional

development and prevents mental health problems at a later age. The corollary of this is healthy, educated and productive adults.

I, along with others in the Early Childhood field, feel that your job in the early childhood field is a very important career, second above being a parent.



Sue Knisely is the Infant Toddler Specialist at LINK. You can reach Sue at 1-800-894-9540 or 523-9540 ext 228 for information about WVIT, or any other Infant/Toddler training or questions you may have.

Quality care for infants and toddlers is what The West Virginia Infant/Toddler Professional Development Program (WVIT) is all about. If you are an early childhood professional in a Family Child Care Home, Center, or

Facility of children ages birth to 35 months for at least 20 hours per week, and are registered with S.T.A.R.S. you are eligible to take the WVIT program. It covers all of the core knowledge and competency areas of S.T.A.R.S. After completion of the sessions, you will re-

ceive **50 hours of training credit**. Six of those hours are spent onsite with you as you are delivering care to the children. Directors of child care centers must attend an **Administrator's module** before sending staff. The next WVIT Class will begin in March. It will be held in the Logan area, if there are at least five registered. If not, it will be held in Cabell County.

Schedule for WVIT

Administrator Module -
Nov 5 9:30-3:30

| | | |
|-----------|-----------|---------|
| Session 1 | 9:30-3:30 | Nov. 12 |
| Session 2 | 9:30-1:30 | Nov. 19 |
| Session 3 | 9:30-3:30 | Nov. 26 |
| Session 4 | 9:30-1:30 | Dec. 3 |

TACITS

(Three hour Onsite Technical Assistance visit with each participant)

| | | |
|------------|------------|---------|
| Session 5 | 9:30-1:30 | Dec. 17 |
| Session 6 | 9:30-3:30 | Jan. 7 |
| Session 7 | 9:30-1:30 | Jan 14 |
| Session 8 | 9:30-4:30 | Jan 21 |
| Session 9 | 9:30-3:30 | Feb. 4 |
| Session 10 | 9:30-11:30 | Feb. 11 |

TACITS

32 Hours of Credit Available for Completing Early Care and Education Modules

Components of Quality Care and Education Module trainings are being offered by Link CCR&R beginning October 2, 2008 at the Link Office, in the 2nd floor Training Room, 611 7th Ave., Huntington. This training is an eight week course that runs consecutively over eight Thursdays from 12:00-4:00. The Training Dates are as follows: October 2, 9, 16, 23, 30, November 6, 13 and 20. The trainings are for providers working with children ages 2 1/2 to 5 years of age. Providers will receive thirty-two (32) hours of professional development for success-

fully completing the entire eight week course, as well as resources to use in their early childhood programs. A requirement of these training modules is a pre-and post-on-site visit by the Training Specialist with each provider enrolled in the training. **Registration Deadline is Friday, September 26.** Participants need to attend all scheduled sessions. Providers must be on the participant list in order to attend these sessions. **No walk in or stand by participants will be accepted and there will be no waiting list for individual sessions.** The training

Modules are:
Extreme Make-overs-Space & Furnishings, Not Just Routine, For the Love of Literacy, Implementing Your Curriculum, Recipe for Relationships, Building Blocks: A Program's Structure, Including All Children: Provisions for Children with Special Needs and Communication is the Key. Providers interested in this training opportunity need to call Kathy Meadows at 523 -9540 or 1-800-894-9540, Ext. 112 to register. Class Limited to 15.



Training Calendar

IMPORTANT TRAINING INFORMATION

Training Rules for Link Training Sessions

1. All trainings begin promptly at the scheduled time. We expect you to arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive during any training session, or prevent the Trainer from staying on task, you will be asked to leave and your monitor will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your monitor will be notified.
4. Please turn off cell phones during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all Trainings.
7. You are responsible for keeping your training certificates on file.

Family Child Care Providers must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

Please call Link at 523-9540 or 1-800-894-9540 at least 24 hours before the training to register for a training or to cancel your registration.

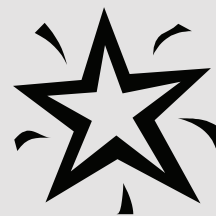
Codes for Training Chart

*Core Competency

| | |
|-----|---------------------------------------|
| CGD | Child Growth and Development |
| HSN | Health, Safety and Nutrition |
| PIR | Positive Interactions & Relationships |
| COA | Child Observation and Assessment |
| PM | Program Management |
| FC | Family and Community |
| C | Curriculum |
| P | Professionalism |

*Tier

| | |
|----------|----------------|
| Tier I | Beginner level |
| Tier II | Intermediate |
| Tier III | Advanced |



*Targeted Age/Area

| | |
|-----|-----------------------------|
| IT | Infant/Toddler |
| PRE | Pre-School |
| SAC | School Age Care |
| FCC | Family Child Care Providers |
| CB | Center Based |
| ALL | Targets All Areas |

| Date of the Training | Title of the Training | Core Comp | Tier | Targeted Age/Area | Location of the Training | Time of Training |
|----------------------------------|--|-----------|------|-------------------|--|--------------------|
| Cabell and Wayne Counties | | | | | | |
| Beginning November 5 | West Virginia Infant/Toddler (WVIT) See Page 3 for more information | All | I | IT | Link Office 611 7th Ave., Huntington | Varies—See Page 3. |
| Beginning October 2 | Quality Care and Education Modules See Page 3 for more information | All | II | PRE | Link Office 611 7th Ave., Huntington | 12:00—4:00 |
| Wed., Oct. 8 | Character: Can We Build it? Yes, We Can! | PIR/C | II | PRE/SAC | C-K Library 1200 Oak St., Kenova | 3:00—5:00 |
| Mon., Oct. 20 | Creative Expressions | C | II | IT | Link Office | 6:00—8:00 |
| Thurs., Oct. 23 | The Business of Family Child Care | PM | II | FCC | Barboursville Library 728 Main St., Barboursville | 3:00—5:00 |

| | | | | | | |
|-----------------|---|-----|-----|---------|-------------|-------------|
| Sat., Nov. 1 | Can You Hear Me Now? | FC | III | IT | Link Office | 9:00—11:00 |
| Sat., Nov. 1 | Helping Children Cope w/ Stress | PIR | II | PRE/SAC | Link Office | 11:00—1:00 |
| Sat., Nov. 1 | The Word on the Street Is.. Drug Endangered Children | HSN | II | ALL | Link Office | 1:30—3:30 |
| Sat., Nov. 1 | Under Surveillance: An Observation and Assessment Training | COA | II | ALL | Link Office | 3:30—5:30 |
| Tues., Nov. 25 | It's Fun to Be Fit | HSN | II | PRE | C-K Library | 1:00—3:00 |
| Wed., Dec. 3 | Child Abuse, No Excuse | HSN | III | ALL | Link Office | 3:00—5:00 |
| Wed., Dec. 10 | Under Surveillance: An Observation and Assessment Training | COA | II | ALL | C-K Library | 11:00—1:00 |
| Thurs., Dec. 11 | The Business of Family Child Care | PM | II | FCC | Link Office | 10:00—12:00 |

Logan, Mingo and Boone Counties

| | | | | | | |
|-----------------|---|-----|-----|-----|--|-------------|
| Tues. Oct. 21 | It's Fun to Be Here: Room Design Made Simple | PIR | II | ALL | Logan Library 1 Wildcat Way, Logan | 11:00—1:00 |
| Tues. Oct. 21 | Got Blocks? | C | I | ALL | Mingo County DHHR 205 East 3rd Ave. | 2:00—4:00 |
| Mon., Nov. 10 | The Business of Family Child Care | PM | II | FCC | Logan Library | 11:00—1:00 |
| Fri, Nov. 14 | Child Abuse, No Excuse! | HSN | III | ALL | Boone Co. Health Dept. 213 Kenmore Dr., Madison | 1:00—3:00 |
| Thurs., Dec. 11 | The Word on the Street Is.. Drug Endangered Children | HSN | II | ALL | Logan Library | 4:00—6:00 |
| Mon., Dec. 15 | Creative Expression | C | II | IT | Mingo County DHHR | 10:00—12:00 |

Lincoln County

| | | | | | | |
|-----------------|---|-----------|----|---------|---|-----------|
| Wed., Oct. 15 | Character: Can We Build it? Yes, We Can! | PIR/ C | II | PRE/SAC | Hamlin Library 7999 Lynn St., Hamlin | 5:00—7:00 |
| Thurs., Nov. 13 | Building Supportive Environments | C | II | ALL | Hamlin Library | 6:00—8:00 |
| Thurs. Dec. 4 | Under Surveillance: An Observation and Assessment Training | COA | II | ALL | Hamlin Library | 4:00—6:00 |

Mason County

| | | | | | | |
|---------------|--|-----------|----|---------|---|------------|
| Wed., Nov. 12 | Character: Can We Build it? Yes, We Can! | PIR/ C | II | PRE/SAC | Mason County Library 508 Viand St., Pt. Pleasant | 2:00—4:00 |
| Wed., Dec. 3 | Building Supportive Environments | C | II | ALL | Mason County Library | 12:00—2:00 |

Putnam County

| | | | | | | |
|----------------|---|-------|----|---------|---|-----------|
| Thurs. Oct. 16 | Under Surveillance: An Observation and Assessment Training | COA | II | ALL | Putnam County Library 4219 Rt. 34, Hurricane | 2:00—4:00 |
| Wed., Nov. 5 | Character: Can We Build it? Yes, We Can! | PIR/C | II | PRE/SAC | Putnam County Library | 3:00—5:00 |
| Tues., Dec. 16 | Hurry to Handle Your Fury | PIR | I | PRE/SAC | Putnam County Library | 5:00—7:00 |



Family Child Care Food Program

DID YOU KNOW?

October is National Apple Month.

Apples are one Great Little Food.

Mother Nature was at her creative best when she came up with apples. They have it all: taste, looks, and nutrition.

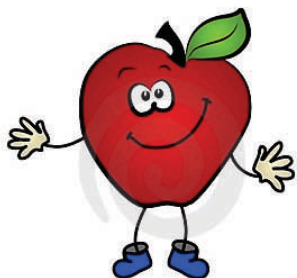
Apples have no fat, cholesterol or sodium

An average apple contains only 80 calories.

Apples have 5 grams of fiber.

Apples contain vitamin A, B1, B2, C, and Niacin and more.

Celebrate Apple month by joining the food program for help with food costs and nutrition assistance.



River Valley Family Day Care Food Program

Serving Cabell, Wayne, Lincoln, Putnam, Mason & Mingo Counties
523-3031 or 1-800-581-3031

Central Child Care

Serving Boone Co.
304-382-0797

Pride of Logan County

Serving Logan County
304-752-6868 or 304 752-1047

In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U. S. Department of Agriculture and is administered by the West Virginia Department of Education.

Submitted by Sue Perry

ACDS Corner

The Apprenticeship for Child Development Specialist (ACDS) Program is now offering the Ann Nutt Scholarship.

The scholarship is available to one Apprentice in each of the R&R Regions. This scholarship has been created in honor of Ann Nutt, an exemplary model of an early care and education professional. Those that worked with her feel honored to have spent that time with her and to have gained so much knowledge from her. Sadly, Ann lost her battle with breast cancer at the age of 52 on October 16, 2006. Ann was an active member of the Governing Board of WVAYC and ACDS. She served as the WV State Rep. to NAEYC Affiliate Council. She was an ACDS Instructor of Instructors and assisted other states in establishing this training program, including the training of instructors in Alaska. She helped in the creation of numerous programs for superior child care including the Development of WV Early Childhood Core Knowledge/Competencies and the Early Learning Standards Framework's (ELSF's). Ann assisted in creating the Charleston Area Medical Center's Lighthouse Child Development Center. She was a member of the state leadership team working to implement WV Pre-K. She was responsible for planning and implementing the new Infant/Toddler Training System (WVIT). Ann was great leader in the field and it is with honor that the ACDS Program is able to provide Apprentices with this opportunity. If you would like more information concerning the Ann Nutt Scholarship, please contact Sherrie Barrett at (304) 523-0433 or sbarrett@rvcds.org.

Submitted by Sherrie Barrett

Family Child Care Information



Family Child Care Provider Grants

Family Child Care Providers are eligible to apply for grants of up to \$250. Grants can be used to purchase resources required in regulations or curriculum materials.

We also have the following items in stock: First Aid Kits, Fire Extinguishers, Flash Lights, Digital Ear Thermometer, Carbon Dioxide and Smoke Detectors.

You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Grants and other grants that may become available through Link.

Contact Mary Bridgette at Link (523-9540 or 1-800-894-9540) with questions or to request an application.

Are you a Family Child Care Provider Interested in Meeting Other FCC Providers?

If so, the FCC Association is for you. This group meets bi-monthly to discuss issues that affect children and providers who care for children. Trainings related to Family Child Care Provider needs are also offered. If you are interested in joining the Family Child Care Association, or if you have any questions, feel free to contact Kathy Baker at 529-6246.



This list of agencies offering First Aid and CPR is made available to you for resource purposes only.
Link is not responsible for the following trainings or registration for these trainings.

Boone County First Aid and CPR available at **Kanawha Co. Red Cross** (see above) or by request at **Charleston** 340-3650.

Cabell County First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020. Cost is \$20 each.
 CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. 526-2999.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733- 9040.

Logan County First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.
 Classes also available at **Logan Regional Medical Center** 831-1556.

Lincoln County For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

Mason County **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

Mingo County **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.

Putnam County

First Aid and CPR available at **Red Cross Building in Kanawha Co.**—1605 Virginia St. E. 340-3650 or www-redcross.org.
 Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650

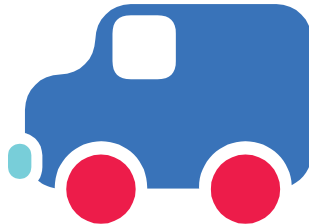
CPR and First Aid is offered by Tina Kyle. 561-4674.

Wayne County First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

You can contact local Hospitals or Fire Departments for other options.
Remember all of these fees are tax deductible.

T.R.A.I.L.S.

Research shows that music enhances children's learning in all disciplines. Rhythms help with math skills, and making music together enhances social skills. As an Early Childhood educator you have a wonderful opportunity to expose your children to all types of music. The T.R.A.I.L.S. Van has a collection of music CD's. We also have some rhythm instruments for you to use in your classrooms. It is always fun to make your instruments. Let 's explore that activity together in the one hour training "Make It and Shake It!" If you are interested in this, other materials or other one hour training opportunities, give Paula Stewart a call 523-9540 or 1800-894-9540, Extension 430 and we will have fun making music together.



| Date | Time | Location | Training |
|---------|------------|----------------------|--|
| Oct. 1 | 8:30 -2:00 | Link | |
| Oct. 21 | 1:30 | Mingo County DHHR | Got Blocks? |
| Nov. 1 | 12:30 | Link | *Super Saturday* The Word on the Street: Drug Induced Children |
| Nov. 3 | 8:30 -2:00 | Link | |
| Dec. 1 | 8:30 -2:00 | Link | |
| Dec. 11 | 3:30 | Logan Library | The Word on the Street: Drug Induced Children |

As of August 1, the monthly rate will go into effect when a child is in care at least 13 days. This policy will align better with market practices of many providers who charge by the week. It will also make it easier for families needing part-time care to access care. This is wonderful news for families, children and providers. We hope it will help recruit badly needed providers. Look for more information in the next News Link.

Link Child Care Resource & Referral
c/o River Valley Child Development Services
611 7th Ave., Suite 200
Huntington, WV 25701

Link CCR&R

Link Child Care Resource and Referral
Link Child Care Providers' Newsletter and
Child Care Providers' Information
Training Information
A Program of River Valley Child Development Services. Visit us on the web
at or www.wvdhhr.org/Link

**Would you like improve the
quality of your program and
earn more money?**

**ACCREDITATION
INFORMATION:**

Family Child Care Providers can
log on at www.nafcc.org
or call 1-800-359-3817.

Child Care Centers
can log on at www.naeyc.org
or call 1-800-424-2460.

Contact WVETCR to inquire about
financial support for the applica-
tion process at 529-7603
1-888-983-2827.

NON PROFIT ORGANIZATION
US POSTAGE

PAID

PERMIT NO. 43
HUNTINGTON, WV