



# July, August, September 2008

## IMPORTANT!!!! WV STARS Update



A key benefit of WV STARS participation is a record of your professional development. In order to receive this benefit you must complete the WV STARS Sign-In Sheet at each registered training session attended. The sign-in sheets also allow you to receive early care and education continuing education units (CEUs) to renew your credential.

*(Please note that we can track only training events registered through WV STARS.)*

**Effective July 1, 2008 all participants must use their barcode sticker or print both their name and Registry ID number on the sign-in sheet to receive credit for WV STARS training hours.**

The barcode stickers provide accurate information and are recommended to

ensure that the CEUs are credited to your record. If your barcode sticker is not used, training cannot be tracked without both your ID number and printed name on the sign-in sheet. Every WV STARS participant should have received barcode stickers to facilitate the sign-in process. You may contact WV STARS to receive additional barcode labels if yours are used or lost.

WV STARS  
611 7<sup>th</sup> Ave, Suite322  
Huntington, WV 25701  
(304) 529-7603  
tcr@rvcds.org  
www.wvearlychildhood.org

## NewsLink

July 2008

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### **Tell Us What you Think— Needs Assessments Are Available On-Line or by mail.**

Link Child Care Resource and Referral is conducting surveys to better improve our services. Please choose the survey that best suites your needs:

- People using or in need of Child Care or School-Age Services. (Contact Cristie Dunbar)
- Providers of Child Care Services (Contact Bryan Sweeney)
- People in need of Training Services (Contact Nikki Rabel)

Please either go to [www.rvcds.org](http://www.rvcds.org) and choose the survey which best describes you **OR** if you do not have internet access, contact the person listed next to the survey you would like to complete and we will be glad to mail you a copy. We will use this information to help improve the services we offer! Thank you for your help with this.

### **Second Annual Center Directors' Meeting**

Sponsored by WV DHHR/  
Division of ECE

**Monday, October 6, 2008  
8:00AM to 4:30PM  
Days Hotel - Flatwoods, WV**

Informational sessions on Quality Rating System, Role of Licensing, Subsidy and more.

Afternoon break-out sessions on *WV Pre-K* and *Liability and the Law*. **Additional information will be supplied on the WV DHHR list serve. Contact [aleciastreet@wvdhhr.org](mailto:aleciastreet@wvdhhr.org) to add your email address.**



### **Link Child Care Resource & Referral**

A Program of River Valley Child Development Services

Funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

# Behavior Specialist Corner, by Shannon Taylor

Think about the children in your life who are well-liked and friendly. What do you notice about their behavior that makes it easier for them to make friends? Do they share their toys? Are they polite and thoughtful? Do they show compassion? Too often, we tell children to "Play nice...be a good friend." But what does that mean? A child can't be a good friend to another child if he is not equipped with the actual skills of friendship that would allow him to do so. He must be shown how to treat others before he can be expected to appropriately demonstrate the acts of being a good friend. When teaching the notion of friendship, be sure to include the following:

**Play Organizing Skills** - Teach them how to assign roles for playing ("You be the engineer today and I will be the station master") and how to give directions for successful play ("Drive the train into the station and I will fill it with coal").

**Sharing** - Role play and model this concept. Teach them how to use statements such as, "May I have some of that paper?" and "Do you want one of these books?" Demonstrate how to

appropriately ask, respond, give and take.

**Being Helpful** - Demonstrate this concept by teaching how to help a friend by pushing the swing, showing a friend how to zip her coat, and bringing a tissue to a crying classmate.

**Taking Turns** - Patterns will develop over time if you show kids the theory of reciprocity, how to respond to the social bids of others, and to observe the equal number of times each member starts an interaction.

Setting the stage for friendship will naturally create an environment that is inclusive for all children .....

**Giving Compliments** - Teach this idea with both verbal ("You remembered your coat!") and non-verbal (thumbs-up, pat on the back, high five) cues.

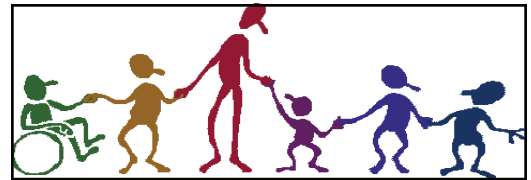
**Apologies** - Role playing and practicing what you preach work well to facilitate this concept. Statements such as "I'm sorry, I'm having a bad day...I don't mean to be so grumpy to you" will go a long way when little eyes and ears are mimicking your every move. Be sure not to force children to apologize to one another, but simply teach the

notion that sincere apologies go a long way to re-establish the bonds of friendship.

Setting the stage for friendship will naturally create an environment that is inclusive for all children by fostering the initiatives of cooperation, team work, and social interaction. Look for teachable moments in everyday situations to support these strategies. If you embed opportunities into your daily schedule to practice friendship skills, your children's surroundings will

soon be filled with helpful, kind, and friendly words, faces, voices, and actions.

Don't forget to use puppets, peer mentors, activities and such to reinforce a friendly climate. Best of luck to you, my noble friends!



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at 523-9540 Ext. 432 or 1-800-894-9540.

## ACDS Corner

The Apprenticeship for Child Development Specialist (ACDS) will soon begin fall classes. If you currently work in the field of early care and education at least 20 hours per week with children birth through eight, you may want to consider this educational opportunity. ACDS is a rewarding program at a minimal cost to the participant. It is a way to learn best practice and the curriculum taught is based on current research. The classes are taught by professionals who also have experience in the field. The program is four semesters, taught one evening per week and each semester is 15 weeks. You can also earn training hours toward licensing requirements as well as college credit. If you are interested in ACDS or have questions about the program, please contact Sherrie Barrett at 304-523-0433.



Submitted by Sherrie Barrett

## ACCREDITATION INFORMATION

### Family Child Care Providers

can log on at [www.nafcc.org](http://www.nafcc.org)  
or call 1-800-359-3817.

### Child Care Centers

can log on at [www.naeyc.org](http://www.naeyc.org)  
or call 1-800-424-2460.

Contact WVETCR to inquire about financial support for the application process at 1-888-983-2827.

## Infant/Toddler Corner by Sue Knisely

Do you watch "My Name Is Earl" on TV? Do you believe in Karma? In my 49 years on this earth, I have learned that when you do good, good comes back to you. And unfortunately, the same holds true when you do bad! Imagine that you are disabled, and in a facility where you are dependant upon someone else for all of your needs. Imagine that the someone you are depending upon to take care of your needs is one of the infants or toddlers that you currently have in your care! Would you want fed when you were hungry? Imagine that you are signing "eat" to your caretaker. They ignore you because it is not time to eat on the schedule. How do you feel? Do you want your hands washed before you eat? Do you want your caretaker to have washed their hands? Would you like to take a nap when you are sleepy? How does it feel to fall asleep in your highchair when you are still hungry? Do you wish that you could sit in a chair where your feet touch the ground? Do you wish that you had someone to sit with during mealtime? Do you want your caretaker to talk to you, or just go through the motions of their job? Do you want the place to be safe? Do you want them to call someone if you get hurt? What do you want your surroundings to look like? Do you want pictures of your family? Do you want the room to look sterile or homey? Do you want books that

are within your reach-even if you decide to chew on them!?? Do you want to have access to things that will keep your mind stimulated? Do you want music blaring very loudly when you are sleeping? Are there windows in your room? Do you have pictures at your eye level? Is the floor dirty? Do you have plants? Do you ever get to go outside? Do you want your caretaker to yell at you? Please give the children in your care the respect they deserve as a human being. They are not objects. They are little people. They are our future. They matter. Love them. Nurture them. Make every moment a time to discover and play. Make their surroundings inviting and interesting. Please call me for more ideas on how to deliver the best infant/toddler care possible. The children deserve it!

**Quality care** for infants and toddlers is what The West Virginia Infant/Toddler Professional Development Program (WVIT) is all about. If you are an early childhood professional in a Family Child Care Home, Center, or Facility of children ages birth to 35 months for at least 20 hours per week, and are registered with West Virginia State Training and

Registry System (S.T.A.R.S.) you are eligible to take the WVIT program. It covers all of the core knowledge and competency areas of S.T.A.R.S. After completion of the sessions, you will receive **50 hours of training credit**. Six of those hours are spent onsite with you as you are delivering care to the children. Directors of child care centers must attend an **Administrator's module** before sending staff. Please call **Sue Knisely, Infant/Toddler Specialist at LINK**, at 1-800- 894-9540 ext. 228 or 523-9540 ext 228 for information about taking WVIT, or any other Infant/Toddler training or questions you may have.

### Schedule for WVIT:

July 9 - 9:00-3:00  
July 16- 9:00-1:00  
July 23-9:00-3:00  
July 30-9:00-1:00  
**Onsite Technical Assistance**  
August 13 -9:00-1:00  
August 27-9:00-3:00  
September 3-9:00-1:00  
September 10 9:00-3:30  
September 17 9:00-3:00  
October 1 9:00-11:00  
**Onsite Technical Assistance**

## 32 Hours of Credit Available for Completing Early Care and Education Modules

Components of Quality Care and Education Module trainings are being offered by Link CCR&R beginning July 17, 2008 at the Link Office, in the 2nd floor Training Room, 611 7th Ave., Huntington. This training unit is an eight week course that runs consecutively over eight Thursdays from 12:00-4:00. The Training Dates are as follows: July 17, 24, 31, August 7, 14, 28, September 4 and 11. The trainings are for providers working with children ages 2 1/2 to 5 years of age. Providers will receive thirty-two (32) hours of professional development for

successfully completing the entire eight week course, as well as resources to use in their early childhood program. A requirement of these training modules is a pre-and post-on-site visit by the Training Specialist with each provider enrolled in the training. **Registration Deadline is Friday, July 11.** Participants need to attend all scheduled sessions. Providers must be on the participant list in order to attend these sessions. **No walk in or stand by participants will be accepted and there will be no**

**waiting list for individual**

**sessions.** The training Modules are: Extreme Makeovers-Space & Furnishings, Not Just Routine, For the Love of Literacy, Implementing Your Curriculum, Recipe for Relationships, Building Blocks: A Program's Structure, Including All Children: Provisions for Children with Special Needs and Communication is the Key. Providers interested in this training opportunity need to call Kathy Meadows at 523 -9540 or 1-800-894-9540, Ext. 112 to register. Class Limited to 15.



# Training Calendar

## IMPORTANT TRAINING INFORMATION

### Training Rules for Link Training Sessions

1. All trainings begin promptly at the scheduled time. We expect you to arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive during any training session, or prevent the Trainer from staying on task, you will be asked to leave and your monitor will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your monitor will be notified.
4. Please turn off cell phones during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all Trainings.
7. You are responsible for keeping your training certificates on file.

**Family Child Care Providers** must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

Please call Link at 523-9540 or 1-800-894-9540 at least 24 hours before the training to register for a training or to cancel your registration.

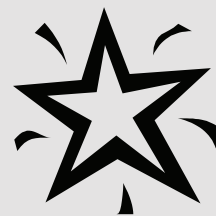
### **\*Codes for Training Chart\***

#### \*Core Competency

CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism

#### \*Tier

Tier I	Beginner level
Tier II	Intermediate
Tier III	Advanced



#### \*Targeted Age/Area

IT	Infant/Toddler
PRE	Pre-School
SAC	School Age Care
FCC	Family Child Care Providers
CB	Center Based
ALL	Targets All Areas

Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/Area *	Location of the Training	Time of Training
<b>Cabell and Wayne Counties</b>						
Beginning July 9	West Virginia Infant/Toddler (WVIT) See Page 3 for more information	All	I	IT	Link Office 611 7th Ave., Huntington	Varies—See Page 3.
Beginning July 17	Quality Care and Education Modules See Page 3 for more information	All	II	PRE	Link Office 611 7th Ave., Huntington	12:00—4:00
Wed., July 9	Hurry to Handle Your Fury	PIR	I	PRE/SAC	C-K Library 1200 Oak St. Kenova	10:00-12:00
Thurs. July 10	Building Supportive Environments	C	II	All	Link Office	10:00-12:00
Sat., July 12	Once Upon a Time: Storytelling	C	I	PRE/SAC	Barboursville Library	10:00-12:00

Sat., Aug 9	Baby Talk: Early Literacy	Super Saturday	CGD/C	II	IT	Link Office	9:00-11:00
Sat., Aug 9	Healthy Habits for Life		HSN	I	PRE/SAC	Link Office	11:00-1:00
Thurs., Aug. 14	Child Abuse, No Excuse!		HSN	III	All	Link Office	6:30-8:30
Wed., Aug 27	Child Abuse, No Excuse!		HSN	III	All	C-K Library	2:00-4:00
Mon., Sept. 15	Baby Talk: Early Literacy		CGD/C	II	IT	Link Office	3:00-5:00
Thurs. Sept 18	Challenging Behaviors		CGD	I	All	Link Office	6:00-8:00
Wed., Sept. 24	The Business of Family Child Care		PM	II	FCC	C-K Library	1:00-3:00

### Logan, Mingo and Boone Counties

Thurs., July 10	School Age Games and Activities		CGD	II	SAC	Mingo County DHHR 205 East 3rd. Ave	2:00-4:00
Wed. July 16	Creating Smooth Transitions		PIR	I	PRE/SAC	Boone Co. Health Dept. 213 Kenmore Dr. Madison	3:00-5:00
Thurs. July 31	Circle Time Activities		C	I	PRE	Logan Library 1 Wildcat Way, Logan	3:00-5:00
Tues. Aug. 12	Building Supportive Environments		C	II	All	Logan Library	12:00-2:00
Sat. Sept. 13	Who Let the Cooks Out?		HSN	III	All	Williamson Church of God	10:00-12:00
Sat. Sept. 13	Humor in Child Care		C	II	All	Williamson Church of God	12:30 -2:30
Thurs., Sept 18	Child Abuse, No Excuse!		HSN	III	All	Logan Library	3:00-5:00
Tues., Sept. 30	Professional Ethics in the Work Place		P	II	All	Boone Co. Health Dept.	10:00-12:00

### Lincoln County

Tues., July 8	Routines and Rituals		PIR	II	IT	Hamlin Library 7999 Lynn St., Hamlin	6:00-8:00
Fri., Aug 15	Once Upon a Time: Storytelling		C	I	PRE/SAC	Hamlin Library	1:00-3:00
Tues., Sept. 16	Hurry to Handle Your Fury		PIR	I	PRE	Hamlin Library	6:00-8:00

### Mason County

Mon., July 21	Once Upon a Time: Storytelling		C	I	PRE/SAC	Mason County Library 508 Viand St., Pt. Pleasant	6:00-8:00
Wed., Sept. 17	Healthy Habits for Life		HSN	I	All	Mason County Library	11:00-1:00

### Putnam County

Tues., July 22	Once Upon a Time: Storytelling		C	I	PRE/SAC	Putnam County Library 4219 Rt. 34, Hurricane	3:00-5:00
Tues., Aug. 12	The Business of Family Child Care		PM	II	FCC	Putnam County Library	11:00 -1:00
Thurs. Sept. 25	Child Abuse, No Excuse!		HSN	III	All	Forrest Burdette 2848 Putnam Ave., Hurricane	6:00-8:00

## Family Child Care Food Program

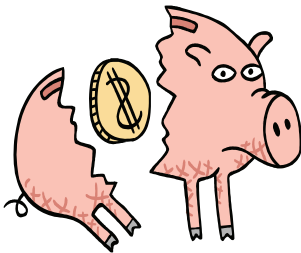
### THE ANSWER TO HIGH FOOD AND GAS PRICES

We are all aware of the increased costs of food and this may cause you to start looking for way to save on your food budget. Let us help you continue to feed the children fresh quality meals.

Do you know about the Family Child Care Food Program? If not, there is no better time than the present.

You can go on line at [www.rvcds.org](http://www.rvcds.org) and read about the program reimbursement rates and eligibility requirements. Maybe you have been on the program before and stopped for whatever reason. Now may be the time to give the program another chance.

Call your local food program office listed here and see how the program can work for you.



### River Valley Family Day Care Food Program

Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties  
523-3031 or 1-800-581-3031

### Central Child Care

Serving Boone County  
304-382-0797

### Pride of Logan County

Serving Logan County  
304-752-6868 or 304 752-1047

In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U. S. Department of Agriculture and is administered by the West Virginia Department of Education.

Submitted by Sue Perry

## Upcoming Medication Administration Classes

You must be registered on the STARS Career Pathway to attend this class.

The class is STARS Approved. Please bring your STARS Bar Code ID with you.

You will need to bring a small baby doll and non-latex gloves with you for practice.

### Cabell County

All Classes this quarter will be held in the first floor conference room at Link Child Care Resource and Referral, 611 7th Ave. in Huntington.

Class dates and times are:

July 17	2:00—6:30
August 14	2:00—6:30
September 17	2:00—6:30
September 29	10:00—2:30

Call Link at 523-9540 or 1-800-894-9540 to register for any of the classes .

Class size is limited to 15

## Family Child Care Information

### Family Child Care Provider Grants

Family Child Care Providers are eligible to apply for grants of up to \$250. Grants can be used to purchase resources required in regulations or curriculum materials.

We also have the following items in stock: First Aid Kits, Fire Extinguishers, Safety Kits, Flash Lights, Carbon Dioxide Detectors, Smoke Detectors, and Digital Ear Thermometers.

You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Grants and other grants that may become available through Link.

Contact Mary Bridgette at Link (523-9540 or 1-800-894-9540) with questions or to request an application.

We would like to invite all Family child care providers to join us for a meeting.

We will be meeting

**August 9th at 10:00 am at  
Kathy Baker 's house**

**September 13th at 10:00  
am at the  
Guyandotte Library**

If you have any questions feel free to contact Kathy Baker at 529-6246.

This list of agencies offering First Aid and CPR is made available to you for resource purposes only.  
**Link is not responsible for the following trainings or registration for these trainings.**

**Boone County** First Aid and CPR available at **Kanawha Co. Red Cross** (see above) or by request at **Charleston** 340-3650.

**Cabell County** First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020. Cost is \$20 each.  
 CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. 526-2999.  
 First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733- 9040.

**Logan County** First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.  
 Classes also available at **Logan Regional Medical Center** 831-1556.

**Lincoln County** For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

**Mason County** **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

**Mingo County** **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.

**Putnam County**

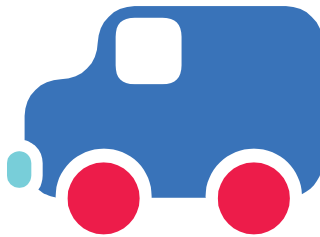
First Aid and CPR available at **Red Cross Building in Kanawha Co.**—1605 Virginia St. E. 340-3650 or [www-redcross.org](http://www-redcross.org).  
 Evening classes are available.  
 Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650  
 CPR and First Aid is offered by Tina Kyle. 561-4674.

**Wayne County** First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

**You can contact local Hospitals or Fire Departments for other options.**  
**Remember all of these fees are tax deductible.**

**T.R.A.I.L.S.**

"Summertime and the living is easy ...." And a great time to take water play activities outside! Here is a neat idea I found from [schoolagenotes!](http://schoolagenotes.com)  
 You will need a 10 gallon-trash bag, water, rope, a tree limb, a bandanna and a broom. Have all the children dress in swimsuits so that they are ready to get wet. Fill the trash bag with one or two gallons of water and then knot the bag. Tie one end of the rope beneath the knot, toss the free end over a tree branch and then either tie it securely or have a staff member hold the free end to raise and lower the piñata.  
 To play, each child takes a turn being blindfolded, gently spun a few times and then getting three whacks at the piñata with the broom. The winner is the one who manages to break the bag and unleash the tidal wave.  
[www.schoolagenotes.com](http://www.schoolagenotes.com). Remember to use sunscreen!



Come and see us.....

Date	Time	Location	Training
July 1	8:30 -2:00	Link	
July 8	1:00 PM	Wayne Library	Science Fun with the Wayne Library Summer Reading Program
July 31	2:30 -5:30	Logan Library	Circle Time!
Aug. 1	8:30 -2:00	Link	
Aug. 14	6:30-8:30	LINK	Child Abuse, No Excuse!
Sept. 1	8:30 -2:00	Link	
Sept. 13	10:00-12:00	Williamson Church of God	Who Let the Cooks Out?
Sept. 13	12:30-2:30	Williamson Church of God	Humor in Child Care

Link Child Care Resource & Referral  
c/o River Valley Child Development Services  
611 7th Ave., Suite 200  
Huntington, WV 25701



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