



NewsLink

October, 2007

October, November & December 2007

Who's Who at Link?

I have been asked several times in the last few weeks what Link stands for. Actually it is not an acronym like T.R.A.I.L.S (Traveling Resource and Information Library System). It is the name that differentiates us from the other Resource and Referral agencies around the state, like Choices and Connect, which are also programs of RVCDS which provide the same services as Link in other areas. Link offers three basic types of services: Training, Provider and Family Services.

Training Services provides training and technical assistance to providers. It consists of the Training Team: Behavior Consultant, Shannon Taylor; Early Childhood Specialist, Kathy Meadows; Infant Toddler Specialist, Sue Knisely;

T.R.A.I.L.S. Staff, Paula Stewart and Virena Elkins; and the Supervisor of the Training Team is Nikki Rabel.

Provider Services is responsible for processing payments for providers and provider recruitment. Provider Services consist of our Data Entry staff, Shelia Myers and Leigh Ann Cazad. Leigh Ann is also the Equipment Coordinator and maintains our web page (www.wvdhhr.org/Link).

The Supervisor of Provider Services is Suzanne Wright.

Family Services offer support and determines eligibility of subsidy for families. As well as maintains the Referral System. The Child Care Associates at Link are Chrissy Conway, Matthew James, our newest CCA, Sheila Jenning, Jeremi Leep, Lela Pemberton, Sharon Varney, Diana Vincent and Amy

Foster, who is also the Referral Counselor. The Supervisor of Family Services is Christie Dunbar. In addition to our weekly out-reach sites in Boone, Mason, Mingo, Lincoln, Putnam and Wayne Counties, we have an Satellite office in Logan. This office is located at 201 Stratton St., Suite 214 (phone 752-3932) in Logan. The staff consists of Harold Keener and Vanessa Casey.

Last but not least, we have our Receptionist Charla Clark and Director, Mary Bridgette.

We all work together to provide the highest quality services possible for children and families. If we can be of service to you, stop by our Logan or Main office (611 7th Ave., Suite 200 in Huntington) or give us a call at 523-9540 or 1-800-894-9540.

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Link Child Care Resource & Referral

A Program of River Valley Child Development Services

Funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

SAVE THE DATE!

The 2008 HAECC Conference will be held

April 25 & 26

at the Big Sandy Superstore Conference Center in downtown Huntington.

For more information, contact Nikki Rabel at 523-9540 or 1-800-894-9540 or nikkirabel@wvdhhr.org

Have you applied for a Family Child Care Provider Grant?

Grants of up to \$250 are now available. Contact Mary Bridgette at Link (523-9540 or 1-800-894-9540) with questions or to get an application.

Grants can be used to purchase resources required in the regulations or curriculum materials.

We also have the following items in stock: First Aid Kits, Fire Extinguishers, Safety Kits, Flash Lights, Provider Record Keeping Books, Co2 Detectors, Smoke Detectors, and Digital Ear Thermometers.

Behavior Specialist Corner, by Shannon Taylor

It's no secret to those who have worked with me that I have a couple of pet peeves. The most pressing of these is the provider who insists on using "no" or "don't" statements when trying to reshape a child's behavior. The problem is that adults say "no" so often that it starts to lose its meaning. To make matters worse, toddlers seem to hear only the last word spoken, so what he hears is "run," "bite," "touch!"

The other problem is that even if the child actually wants to cooperate, chances are he's not sure what you want him to do. He's much too young to have those deductive reasoning skills that adults come to rely on that could help him work it out. He's sitting there thinking, "Ok, so if I shouldn't run, what SHOULD I do?" If you fail to provide him with an alternative (walking, for instance) he's more likely to do what he really wants to do, which is run. It may sound contradictory at first, but the best way to make a child understand "no" is to turn it into a "yes."

"The best way to make a child understand "no" is to turn it into a "yes."

You will make your life AND his simpler if you just tell him what you WANT him to do, rather than what you DON'T want him to do. For example, you are at a local park and your child wants to break into a mad dash on the concrete sidewalk. Get down on his level, look him in the eye, point to the sidewalk and let him

touch it with his hands. "This is rough and hard. If I run on this, I might fall and get hurt. I need to walk." (Always use "I" statements with toddlers...when the child is engaging in self-talk or make-believe later, he will use your same words and the message will sink in quicker. Using "you" statements may lead him to believe that the rules apply to everyone BUT him). Then take his hand and walk with him on the sidewalk. Every time he starts to run on the sidewalk, repeat the lesson quickly and clearly, and then move on. Walk with him to

the grass or softer mulch area. "This is soft, I can run on this." Again, allow him to touch the softer area with his hands so that he can feel the difference. The trick is to pay attention to the times you find yourself saying "no," and start with reshaping your own behavior by turning "don't" statements into "do" statements. Once you have mastered this feat, you can move on to the original task at hand...getting the child to display a more appropriate behavior in the learning environment. Good luck!



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at 523-9540 or 1-800-894-9540.

ACDS classes are starting again for the fall. If you missed the chance to start class this fall, please contact me now and I can get your name on the list for Jan. or next fall classes.

Why should you take ACDS? It is a low cost opportunity to learn how to provide the best possible care for children ages birth through 8. The information taught in ACDS is the most current information based on research. It is taught by professionals with experience in the field. It is offered in the evening so it does not interfere with your work schedule. You can earn college credit that can be used to obtain an associates degree at community all over the



state. Graduates of ACDS are eligible for scholarships. There is a new way to register new apprentices with Department of Labor for ACDS classes throughout the state.

The electronic registration system will help ensure that the process of registration is completed much quicker. Please contact Suzi Brodof at 1-866-WVA- ACDS ext. 406 for the name and number of your local Dept. of Labor representative so you can learn how to use this new electronic registration system.

Submitted by Suzi Brodof

ACCREDITATION INFORMATION

Family Child Care Providers

can log on at www.nafcc.org or call 1-800-359-3817.

Child Care Centers

can log on at www.naeyc.org or call 1-800-424-2460.

Contact WVETCR to inquire about financial support for the application process at 1-888-983-2827.

Infant/Toddler Corner by Sue Knisely

Do you want to foster quality care to infants and toddlers? If you are a professional childcare giver at home, in a facility or center, of children birth through 35 months for at least 20 hours per week, you can take **The West Virginia Infant/Toddler Professional Program for Care Givers Modules (WVIT)** You must be registered with WV S.T.A.R.S. before the class begins. At the end of the class you will receive 50 hours of training credit, which includes every core competency, and will not be required to attend any other training for 2 years. If you accept at least one subsidized child, you will receive a stipend at the end of the class and be given resources to help you deliver quality child care. The next class will be held in Putnam County at the Lighthouse Daycare. The address is

2440 Rt. 60 East in Hurricane. Directors must attend an Administrator's Module before sending staff. To attend you must register with LINK. Please call Sue Knisely at 1-800-894-9540, or 523-9540 ext.228 for any information regarding infant/toddler training.

Schedule for WVIT:
October 3 - 9:00 - 3:00
October 10 - 9:00 - 1:00
October 17 - 9:00 - 3:00
October 24 - 9:00 - 1:00 (On-site Technical Assistance will be scheduled)
October 31 - 9:00 - 1:00
November 7 - 9:00 - 3:00
November 14 - 9:00 - 1:00
November 21 - 9:00 - 3:30
November 28 - 9:00 - 3:00
December 5 - 9:00 - 11:30 (Second on-site technical assistance scheduled)

In order to foster quality care to babies, the Resources for Infant Educators (RIE),TM that was founded by Magda Gerber encourages:



Basic trust in the child to be an initiator, and explorer, and a self learner.

An environment for the child that is **physically safe, cognitively challenging and emotionally nurturing.**

Time for **uninterrupted play.**

Freedom to explore and interact with other infants.

Involvement of the child in all care activities to allow the child to become and **active participant** rather than a passive recipient.

Sensitive observation of the child in order to understand his/her needs.

Consistency, clearly defined limits and expectations to develop discipline.

This approach to care giving is based on RESPECT, helps raise infants who are competent, confident, curious, attentive, exploring, cooperative, secure, peaceful, focused, self-initiating, resourceful, involved, cheerful, aware, interested, and inner-directed.

Don't miss our Cabell County Super Saturday Training on October 13, 2007!
See page 4 for more information!

Components of Quality Care and Education Modules

Components of Quality Care and Education Module trainings are being offered by Link CCR&R beginning October 16, 2007 at the Beverly Hills



Baptist Church in Cabell County. This training unit is an eight week course that runs consecutively over eight Tuesdays from 9:30am- 2:00pm. The class dates are October 16, 24 (Wed.), 30, November 6, 13, 20, 27 and December 4. The trainings are for providers working with children ages 2 1/2-5 years of age. Providers will receive thirty-two (32) hours of

professional development for successfully completing the entire eight week course, as well as resources to use in their early

childhood program.

A requirement of these training modules is a pre-and post-on-site visit by the Training Specialist with each provider enrolled in the training. **Registration Deadline is Friday, October 5.** Participants need to attend all scheduled sessions.

Providers must be on the participant

list in order to attend these sessions. **No walk in or stand by participants will be accepted and there will be no waiting list for individual sessions.**

The training Modules are: Extreme Makeovers-Space & Furnishings, Not Just Routine, For the Love of Literacy, Implementing Your Curriculum, Recipe for Relationships, Building Blocks: A Program's Structure, Including All Children: Provisions for Children with Special Needs and Communication is the Key. Providers interested in this training opportunity need to call Kathy Meadows at 523 -9540 or 1-800-894-9540 to register. Class Limited to 15.

Training Calendar

T.R.A.I.L.S. Van News



Yea!! Our new van is here and the shelves are installed. The bar coding system is still a work in progress. Please be patient with us as we continue to bar code and enter our inventory into the system. Once we get everything entered checking items in and out will be a breeze. A big thank you to all who have donated baby food jars; this is a continuing need so please keep saving them for us.

T.R.A.I.L.S. is now offering one hour on-site trainings! These trainings can be conducted in a FCC Home, Facility or Center. These are custom designed STAR registered Trainings. They will be hands-on and demonstration oriented; children can be included in the training session. Call Paula for more information or to schedule your custom designed training 523-9540 or 1-800-894-9540 Ext. 430.

Date	Time	Location	Training
10/1/06	8:30 -2:30	LINK Office	
10/18/07	2:00-4:00 and 4:00-6:00	Logan Library	Cooking in Child Care and Humor in Childcare
11/1/07	8:30 - 2:30	LINK Office	
12/1/07	8:30-2:30	LINK Office	
12/13/07	3:00-5:00	Cabell Main Library	Humor in Childcare

Family Child Care Providers must complete eight (8) hours of training in at least two (2) different core competency areas (see list on right) each year according to the date on your individual certificate of registration.

*You must call Link at 523-9540 or 1-800-894-9540 at least 24 hours before the training to register or to cancel.

*You may not bring children to any Link training session.

*You must bring a picture ID to all Trainings.

*You must arrive at the scheduled time. Late arrivals may not receive training credit.

To help identify the Core Knowledge you need to meet your Training Requirements, please use the following codes which are listed next to training title:

CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism



Also listed is the tier for each training:

Tier I is beginner level, Tier II is intermediate and Tier III is advanced.

Date of the Training	Title of the Training	Core Comp	Tier	Location of the Training	Time of Training
Cabell and Wayne Counties					
Beginning, October 3	West Virginia Infant/Toddler (WVIT) - See Page 3 for more information	All	II	Lighthouse	Varies each day
Sat. Oct. 13	Healthy Habits for Life	HSN	I	Beverly Hills Baptist	9:00—11:00
Sat. Oct. 13	Challenging Behaviors—Part I	PIR	III	Beverly Hills Baptist	11:00—1:00
Sat. Oct. 13	Challenging Behaviors—Part II	CGD	III	Beverly Hills Baptist	1:30-3:30
Sat. Oct. 13	DAP Art, Music and Literacy for Infants/Toddlers	C	II	Beverly Hills Baptist	3:30—5:30
Beginning October 16	Quality Care & Education Modules—See Page 3 for more information	All	II	Beverly Hills Baptist	9:30—2:00



Oct. 25	How Much is Too Much: Nutritional Needs for Children	HSN	II	C-K Library	1:00-3:00
Nov. 5	Teaching Tolerance	PIR	II	C-K Library	10:00-12:00
Nov. 6	Family Child Care Environments	PIR	III	Milton Library	5:00—7:00
Nov. 15	Child Abuse, No Excuse!	HSN	III	Barboursville Library	12:00-2:00
Nov. 27	The Great Barrier Classroom	C	I	West End Library	1:00—3:00
Dec. 4	Primary Care-giving	PIR	III	Main Library—5th Ave.	6:30-8:30
Dec. 6	How Much is Too Much: Nutritional Needs for Children	HSN	II	West End Library	10:00-12:00
Dec. 13	The Great Barrier Classroom	C	I	C-K Library	2:00—4:00
Dec. 13	Humor in Child Care	C	II	Main Library—5th Ave.	3:00—5:00

Logan, Mingo and Boone Counties

Oct. 18	Cooking in Child Care	HSN	II	Logan Library	2:00-4:00
Oct. 18	Humor in Child Care	C	II	Logan Library	4:00-6:00
Oct. 24	Child Abuse, No Excuse!	HSN	III	Mingo Co. DHHR	11:00-1:00
Nov. 10	Not in My Backyard	HSN	I	Whitesville Library	10:00-12:00
Nov. 5	Infant/Toddler Cognitive Development (4 hour class)	CGD/C	II	Logan Library	1:30-5:30
Dec. 5	The Great Barrier Classroom	C	I	Mingo County DHHR	10:00-12:00
Dec. 18	Teaching Tolerance and Kindness	PIR	II	Logan Library	11:00-1:00
Dec. 18	PBS Read View Do	CGD	I	Logan Library	1:00-3:00

Lincoln County

Oct. 10	Hurry to Handle Your Fury	PIR	I	Hamlin Library	12:00-2:00
Nov. 14	How Much is Too Much: Nutritional Needs for Children	HSN	II	Hamlin Library	1:00—3:00
Dec. 12	Child Abuse, No Excuse!	HSN	III	Hamlin Library	3:00-5:00

Mason County

Oct. 17	Child Abuse, No Excuse!	HSN	III	Mason County Library	9:00-11:00
Nov. 5	The Great Barrier Classroom	C	I	Mason County Library	4:00-6:00
Dec. 19	Ask, Acknowledge, Adapt		III	Mason County Library	10:00-12:00

Putnam County

Oct. 18	Healthy Habits for Life	HSN	I	Putnam County Library	10:00-12:00
Nov. 29	Ask, Acknowledge, Adapt		III	Putnam County Library	3:00-5:00
Dec. 5	Humor in Child Care	C	II	Putnam County Library	3:00-5:00

Family Child Care Food Program

HAVE YOU HEARD?

The Food Program is even better than before. The increased reimbursement rates and more nutrition information.

Breakfast up to \$1.11

Lunch and Supper up to \$2.06

Snacks up to .61

If you claim 1 day care child for lunch, dinner and a snack for 20 days you may be reimbursed up to \$95.60.

If you are not on the Food Program, now may be the time to sign up. Call and let us see how we can help you serve children.

River Valley Family

Day Care Food Program

Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties
523-3031 or 1-800-581-3031

Central Child Care

Serving Boone County
382-0797

Pride of Logan County

Serving Logan County
752-6868 or 752-1047



Apples are part of the rose family and in colonial times they were called winter banana or melt in the mouths.

Apples are plentiful now in stores, farmers markets and maybe our backyards. Best refrigerated because they will become mushy in 2 or 3 days.

AN APPLE A DAY KEEPS THE DOCTOR AWAY!

A saying based in fact. Apples have acids that are beneficial to liver function and aide in digestion of other foods. Their juices clean teeth and hardness cleans deposits around gums. They contain 3.7 grams of fiber, potassium, folic acid and Vitamin C. They have no fat, saturated fat, sodium, cholesterol or artificial colors or flavors.

RECIPE - APPLE SANDWICH

Thinly slice (unpeeled) apple onto a slice of bread that is spread with butter or peanut butter.

This makes a great snack or quick meal and counts as a serving for our 5 a day.

In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age, or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U.S. Department of Agriculture and is administered by the West Virginia Department of Education.

Cabell Wayne Family Child Care Association News

If you are interested in becoming a member of the Cabell Wayne Family Child Care Association, or for information, Contact Kathy Baker at 529-6246.

Boone- Logan-Mingo Family Child Care Association News

News Flash! Boone, Logan, and Mingo Family Child Providers!

We have a new way to communicate. We now have a MYSACE page. Currently it is The Southern West Virginia Family Child Care Association. It is set up so only friends of the page can view and participate on the

page. Right now I am maintaining the page from my home computer. Should you have any questions or need assistance with setting up your own MYSACE page (you need one to participate) please contact me at and I will help get you started. This will be a great way to share ideas and get to know one another. Looking forward

to seeing you on MYSACE.



For more information about the Boone- Logan-Mingo FCC Association contact Paula Stewart at 1-800-

This list of agencies offering First Aid and CPR is made available to you for resource purposes only.
Link is not responsible for the following trainings or registration for these trainings.

Boone County First Aid and CPR available at **Kanawha Co. Red Cross** (see above) or by request at **Charleston** 340-3650.

Cabell County First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020. Cost is \$20 each.

CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. 526-2999.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733- 9040.

Logan County First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.

Classes also available at **Logan Regional Medical Center** 831-1556.

Lincoln County For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

Mason County **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

Mingo County **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.

Putnam County

First Aid and CPR available at **Red Cross Building in Kanawha Co.**—1605 Virginia St. E. 340-3650 or www-redcross.org. Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650

CPR and First Aid is offered by Tina Kyle. 561-4674.

Wayne County First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

**You can contact local Hospitals or Fire Departments for other options.
Remember all of these fees are tax deductible.**

Don't Miss Your Chance to WIN a DREAM CLASSROOM

The Huntington Area Early Childhood Council is giving away another "Dream Classroom." This year Family Child Care Provider and Facilities will have a chance to participate. Do you have a room that the children use that needs a little sprucing up? Are you located within 100 miles of the Huntington Area Early Childhood Council office? Are you a licensed child care provider? Have you been a continuous provider for the last five years? If you meet this criteria, and want a chance to win this "Dream Classroom" fill out an application and attach a brief letter of explanation, 500 words

or less, describing why you think your home should be selected for the "Dream Classroom" and how this would benefit the children. The committee also needs a video, DVD, or pictures of your room. Please do not mention your name so that our judges can make sure every home has a fair opportunity. Videos, DVDs, pictures and essays that fail to follow this request will be disqualified. An independent selection committee will choose the winner. You must agree to hang a plaque in the room with the names of the sponsors and contributors. You must also agree to stay in

business for at least two years after you receive the award. If you close before that time, you must return everything to the Huntington Area Early Childhood Council. If you want an application, please call 523-9540 or 1-800-894-9540 and ask for Kathy Meadows and she will mail you an application. Her extension is 112. All entries must be postmarked by November 13, 2007. Late entries will not be considered.



Link Child Care Resource & Referral
c/o River Valley Child Development Services
611 7th Ave., Suite 200
Huntington, WV 25701

Link CCR&R

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Link Child Care Resource
and Referral
Child Care Providers'
Newsletter and Training
Information
A Program of River Valley
Child Development Services.



ATTENTION BOONE, LOGAN and MINGO COUNTY INFANT TODDLER CAREGIVERS.

We will be offering the West Virginia Infant Toddler (WVIT) Class in Logan County beginning in January, if we have at least ten (10) caregivers signed up. If you are interested, or if you have questions, contact Sue Knisely at 1-800-894-9540 before November 30.