

National Toll Free Numbers:

A-Way-Out.....	800-292-9688
Adult Abuse Hotline.....	800-352-6513
AIDS Hotline-Center for Disease Control.....	800-342-2437
AL-ANON/ALA-TEEN.....	800-356-9996
Alcoholics Anonymous.....	800-333-5051
Allergy Information Referral Line.....	800-822-2762
Alzheimer's Disease, ADRA	800-272-3900
Alzheimer's Family Relief Program.....	800-437-2423
American Council for the Blind	800-424-8666
American Diabetes Association	800-232-3472
American Foundation for the Blind Hotline	800-232-5463
American SIDS Institute (Sudden Infant Death)	800-232-7437
American Speech-Language-Hearing Association.....	800-638-8255
American Trauma Society.....	800-556-7890
Asthma Information and Referral Line.....	800-822-2762
Bethany Lifeline (Pregnancy)	800-238-4269
Better Hearing Institute	800-327-9355
Blind Children's Center.....	800-222-3566
Cancer Information Service.....	800-422-6237
Candle Lighters Childhood Cancer Foundation.....	800-366-2223
Captioned Films for the Deaf.....	800-237-6213
Child/Adult Domestic Abuse Hotline	800-352-6513
Children's Hospital International.....	800-242-4453
Consumer Credit Counseling	800-388-2227
Consumer Product Safety Commission.....	800-638-2772
Cystic Fibrosis Foundation.....	800-344-4823
Drug Abuse Referral Hotline	800-662-4357
Ear Well.....	800-327-9355
Epilepsy Foundation of America	800-332-1000
Grief Recovery Helpline	800-445-4808
Guide Dog Foundation.....	800-548-4337
Health Education and Adult Training.....	800-544-3284
Hearing Aid Helpline	800-521-5247
Hear Now	800-648-4327
Hearing Screening Test.....	800-222-3277
Hill-Burton Hotline	800-638-0742
HIV-AIDS Treatment Information Service	800-448-0440
Hospice Link	800-331-1620
Juvenile Diabetes Foundation International	800-223-1138
Living Bank (Organ Donation)	800-528-2971
Lung-Line Information Service.....	800-222-5864
Lupus Foundation of America Information Line	800-558-0121
Medicare Hotline	800-638-6833

Multiple Sclerosis Foundation.....	800-441-7055
National Adoption Center.....	800-862-3678
National AIDS Hotline.....	800-342-2437
National Center for Missing and Exploited Children.....	800-843-5678
National Center for Youth with Disabilities.....	800-695-0285
National Child Abuse Hotline.....	800-422-4453
National Clearinghouse on Family Support and Children's Mental Health.....	800-628-1696
National Down Syndrome Society.....	800-221-4602
National Eye Care Project Helpline.....	800-222-3937
National Literacy Hotline.....	800-228-8813
National Bone Marrow Donor Program.....	800-654-1247
National Multiple Sclerosis Society Information Service.....	800-532-7667
National Organization on Disability.....	800-248-2253
National Parkinson's Foundation.....	800-327-4545
National Runaway and Suicide Switchboard.....	800-621-4000
National SIDS Foundation.....	800-221-7437
National STD Foundation.....	800-227-8922
National Society for the Prevention of Blindness.....	800-331-2020
Nineline for Youth-Covenant House.....	800-999-9999
NORD (Rare Disorders).....	800-999-6673
Orton Dyslexia Society.....	800-222-3123
Planned Parenthood of America.....	800-829-7732
Preston Addiction Treatment Center.....	800-352-3802
Runaway Hotline.....	800-621-4000
Shriner's Hospital.....	800-237-5055
Social Security Information and Referral.....	800-772-1213
Spina Bifida Association of America.....	800-621-3141
Spinal Cord Injury APA Hotline.....	800-526-3456
Stuttering Foundation of America.....	800-992-9392
Sudden Infant Syndrome.....	800-638-7437
Tough-Love International.....	800-333-1069

Questions to ask:

- Who am I speaking to?
- What services does your agency offer?
- Who is eligible to receive your services?
- Can you help me find out if I am eligible?
- If you can't help me, can you put me in touch with someone who can please?
- Is there a fee for this service, or can I get it at a reduced cost?
- What days and hours are you open?
- Do I need to make an appointment or do you take walk-ins? (Can I make one now?)
- Can you send me any necessary papers that I will need to fill-out and mail in?
- What personal papers and items do I need to bring with me (such as; Drivers License, Birth Certificate(s), Social Security Card(s), paycheck stubs, utility bill(s), etc.)?
- Can you tell me your address, and give directions how to get there please?
- THANK YOU!!!